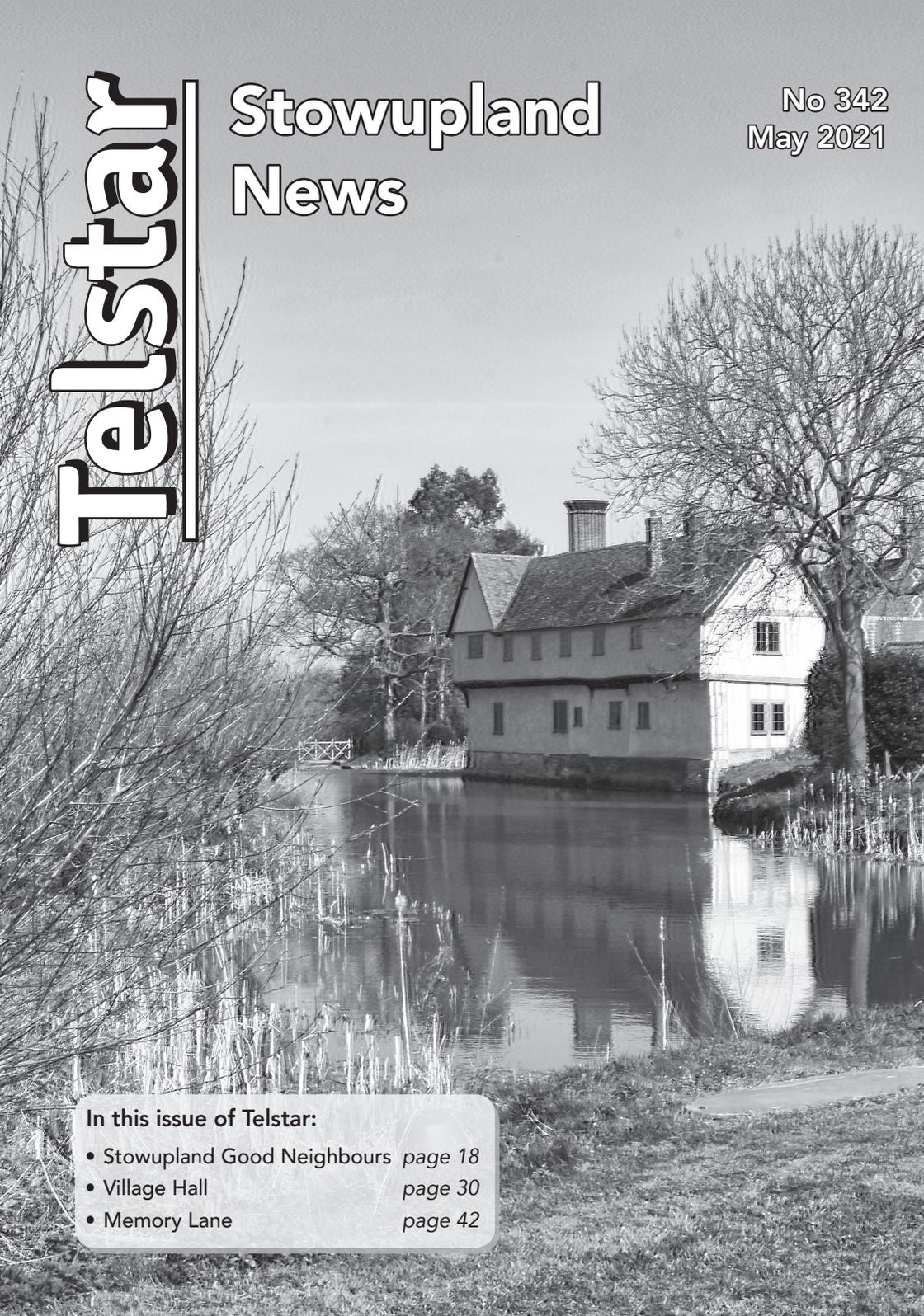


# Telstar

## Stowupland News

No 342  
May 2021



### In this issue of Telstar:

- Stowupland Good Neighbours *page 18*
- Village Hall *page 30*
- Memory Lane *page 42*

# EDITOR'S NOTES

MAY 2021



As we head fully into Spring hopefully the Spring weather will oblige and bring a little warmth. The beginning of April saw every spectrum of weather from warm, sunny days to snow and biting winds. Let us all hope for better weather as we go into May. Kate has a list of jobs to do in the garden in Down to Earth and Brian, our Countryside Rambler, has told us what birds to watch for.

I do hope we will all be able to get out and about and enjoy this wonderful county that we live in once travel restrictions are lifted. I expect our local pubs will be ready to welcome us back and I do hope that everyone will support our local businesses as they are able to open again.

Our Parish Council are doing their best to protect our Green from erosion at the roads edge, so please take care when parking to use local facilities and take your rubbish home with you.

I hate to keep sounding like a broken record, but please pick up after your dogs. We couldn't ask for more dog bins in the village, I've never been anywhere that has so many provided.

On a serious note: I have been contacted by the Sheltered Housing Officer in charge of Jubilee Court who tells me that residents are very concerned about being knocked over by dogs that are running free in their grounds. Also, dogs are urinating on the small patches of garden that some residents have outside their windows.

This is clearly not acceptable behaviour. The residents of Jubilee Court (or anywhere else for that matter) should not feel that they can't freely walk out in the grounds of their home without fear of being knocked down by a loose dog. According to the Mid Suffolk Council website 'Your dog should be under proper control at all times'.

There is more about the history of Telstar and an update from last issue's Memory Lane. Thank you to those residents who get in touch and fill in the blanks about our village history. As someone who has only lived here for ten years (so still a newbie) I find it fascinating!

We do seem to carry quite a bit of history in the magazine, and it would be nice to balance it out with things that are going to happen in the future. So, please get in touch and let us know what's happening in your neck of the woods!

Speaking of woods – following on from our article about nurturing nature you will find an article about planting trees, hedgerows and wildflowers further along in the magazine. Please let me know if you would like to be part of a new environmental group here in Stowupland. We have a couple of people interested, but this is your chance to have an active say in how we protect the environment in our own village. Whether you want to dig holes or just offer advice, all are welcome. Contact me (details below) or [Keith.Welham@midsuffolk.gov.uk](mailto:Keith.Welham@midsuffolk.gov.uk).

You can contact me at [kay.telstar@gmail.com](mailto:kay.telstar@gmail.com), 01449 677261, 16 Oak Road or just collar me when you see me out and about in the village!

Thanks to Keith Hyland for the lovely photo of Columbine Hall on the cover.

*Kay*

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# Free trees, hedging and wildflower planting – Your chance to be involved

Mid Suffolk District Council have an action plan to improve and strengthen biodiversity (wildlife and plant life) in our area and are asking District Councillors, Parish Councils and residents to suggest suitable places for planting. I will be co-ordinating responses from Telstar readers and, with suggestions from the Parish Council, proposals for planting in Stowupland will be submitted to the District Council.

Trees and hedgerow plants are being offered free of charge; they could be planted on MSDC land, Parish Council land, other public land or private land. Perhaps you know of an area of public space which could be improved if trees were planted, or a hedge that has gaps in it. Or a new length of hedge which could become a haven for wildlife and a nesting place for birds. Please let me have suggestions of what you would like to see planted and where.

I'd like some rough details about the land, an indication of the age and species of trees you would like to see planted. Suggestions could range from individual trees, new hedgerows, creating an orchard or planting to fill gaps in an existing tree or hedgeline. Suggestions for more mature tree planting on the edge of developed areas or as focal points in green open space are welcome.

Increasing wildflowers in Mid Suffolk is also an important part of the plan. MSDC will be changing mowing regimes to let the grass grow longer, and overseeding with yellow rattle or wildflower mixes. We need to get the seeds sown in the Autumn this year to be sure of getting wildflower patches established for Spring 2022. So, please let me know where you might want more wildflowers in 2022.

As a first step, think about the areas mown by MSDC and let me have a description or sketch of the area; or you might like to suggest an area of highway verge or other open space that could be improved with wildflowers rather than regular mowing to keep the grass short.

*Keith Welham*

Keith.Welham@midsuffolk.gov.uk

07831 705 714

# SPECIAL BRANCH IN ACTION

I'm often out and about in the village and I came across some terrific people today. Some of the residents of Reeds Way got fed up with looking at the tangled mess along by the footpath at the end of their road. The council had been and cut down some dead trees, but they hadn't really completed the job. So, these intrepid residents got together and started clearing away the debris, pruning back dead branches and removing ivy that was wrapped around the trees, slowly strangling them. One of the ladies told me she hoped to get a bee bomb, wild seeds that can be thrown into wild areas. I was also told that they and their children get involved in the litter pick.



This was even before our April Issue was printed so I do hope that we can get people interested in improving our village. I'm sure the area will look much better for their efforts. Well done for grasping the nettle (pun intended)!

If anyone is interested in forming a local environment group, please let me know: [kay.telstar@gmail.com](mailto:kay.telstar@gmail.com).

A heartfelt thank you to all my family, friends and thoughtful neighbours for their love and support during Melvyn's (Pickles) illness and passing.

You gave me strength to cope with the most harrowing time.

*Betty Calver.*

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# COUNTRYSIDE RAMBLER

BRIAN WARD

Well, spring has well and truly sprung with plenty of blossom in the hedgerows and wildflowers along the ditches and in the woods. The cherry plum has finished its blossom and now it's the turn of blackthorn (sloe), hawthorn and crab apple. The cowslips and oxlip have been evident along our local footpaths and, now we can travel further afield, we will be able to enjoy some of our early coastal flowers.

The flowers and shrubs in the garden must be confused, the weather goes from near summer temperature to arctic conditions in the space of a few days, sometimes hours. No sooner I remove the fleece from my tender plants I have to rush out and cover them again. The weather forecasts are more reliable these days so at least we have prior warning of inclement weather.

My wish came true the other day, I saw and heard a swallow twittering as it flew past, with a sand martin following not far behind it. The first week in April is normally the time we see an influx of spring arrivals, chiffchaffs and blackcaps are also about. Today I watched four stone curlews, they looked and acted quite tired, so I guessed they had just arrived.



Look in the local ponds at this time of year as the frogs and toads are spawning; the frogs will lay great clumps of spawn whilst the toad will lay long strings of spawn. For some reason frogs are absent in some of the ponds I visit but toads have taken their place. Newts also will frequent our ponds and normally lay a single egg on a water weed leaf and then wrap it like a parcel with its hind legs. Hedgehogs have emerged from hibernation and are starting to wander further afield looking for a suitable mate.

I watched a roe deer buck recently, I thought it was tangled in the hedgerow, but on closer inspection it was winding bramble strands around its antlers and tugging them in order to rid itself of the velvet. The antlers were covered in blood and it was quite painful to watch.

By the time you read this article some of you may have heard a cuckoo. Lackford Lakes or Lopham Fen are favourite reserves locally to see and hear them. If you are lucky to see the males chase their partners often the male will call his familiar cuckoo but the female will emit a strange bubbling noise, an unusual call from a bird. They will lay a single egg in its host's nest but may lay in up to a dozen nests.

I hope you are all keeping well and hopefully we can all get back to some kind of normality in our lives and enjoy the spring and forthcoming summer.

# DOWN TO EARTH

KATE ELLIOTT

It is important to take time to enjoy spring as it unfurls in the garden. Every day feels like a celebration. At the beginning of the month Columbine ignites with tulips and by Whitsun weekend, at the other end of May, it is full with the green growth of all the herbaceous perennials and sparked with colour from alliums, oriental poppies and the first irises.

I just love the British countryside in May where the combination of mile after mile of country lane and hedgerow smothered with cow parsley and hawthorn blossom is, I believe, one of the most beautiful wonders you will see.

Alliums have become a big part of our late spring display here at Columbine. I started planting alliums some ten years ago and since then they have seeded themselves, spread and generally made themselves at home.

The first to appear for us is Allium 'Purple Sensation'. It is truly purple and sensational. As plants they require nothing from you other than planting and the best time to do this is in the autumn, although I have successfully planted the bulbs as late as February. A must have.

Another must have for me is Allium Schubertii. This takes the exploding flowerhead to another level. From a very short stem, the flower flies apart into a ball the size of a melon that is made up of dozens of flowers, each on a different length stalk. A real cracker. It dries very easily and will stay in shape to be wondered at for months. They look great sprayed gold or silver and used as Christmas decorations.

Rather later and last of the alliums here is Allium sphaerocephalon, which is much smaller than the previous ones mentioned and has flowerheads of mauve and pink.

By mid-May our bearded irises are all flowering with rich, velvety petals. Bearded irises come from areas with very hot summers and cold winters. This makes them exceptionally hardy garden plants needing only good drainage and plenty of sun to thrive. They grow from rhizomes, which sit on top of the soil. When planting, it is important not to bury these rhizomes but to leave them so they can become sun-baked. The roots that go down from the rhizome will gather all the moisture and nutrition they need to make the gorgeous flowers that come in every shade apart from red - hence the name Iris - from the Greek word for rainbow.

Although you can plant them at any time, the best time to buy and plant irises is in midsummer, immediately after flowering. This is also the ideal time to divide the ones that you have already growing. Bearded irises can become very congested and as soon as they are a tangle of rhizome -

which is likely to be every three or four years - they are best dug up after flowering and pulled or cut apart to make new plants planted 6-12 inches apart. It is best to throw away the oldest part of the rhizome which is in the middle because it will be less vigorous than fresh new sections. The leaves should then be cut back to 6 inches, which is long enough to provide food for the new roots to develop but short enough to stop them catching the wind and rocking the plant before new roots have grown to anchor them.

Anything that has been grown in a frost-free greenhouse, conservatory or windowsill, such as bedding plants, dahlias, cannas and frost-tender vegetables will need hardening off before being planted outside. The idea is to acclimatise them slowly to outdoor conditions before you plant them, so that wind, rain and changing temperatures don't knock them for six. There's no point in even thinking about planting tender plants outside while there's still any risk of frost. Move your plants outside for the day and then back inside at night. A couple of weeks of that, and with the last frost safely past which for us should be by the middle of this month, your bedding etc will be ready to plant out.

### **Here are some more jobs for you to be getting on with:**

Earth up potatoes.

Harvest asparagus.

Prune forsythia and flowering currants after flowering.

Continue to tie in sweet peas.

Continue sowings of lettuces, radishes, beetroot, carrots and salad leaves.

Open greenhouse doors and vents on warm days but close them at night to retain the heat.

Keep on top of weeding by regular hoeing.

Apply a feed to tulips, daffodils and other spring bulbs to encourage a good display next year.

Pick rhubarb and water plants with liquid feed.

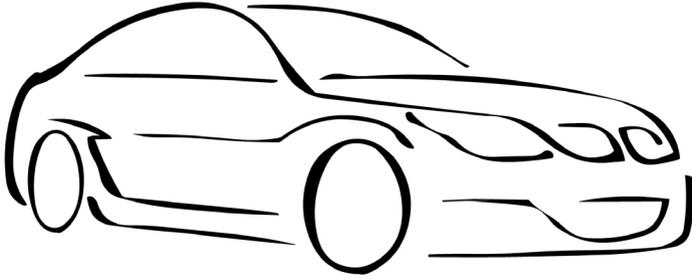
Divide hostas as they come into growth.

May begins in spring and ends in summer - relish every hour of it.



Allium 'Purple Sensation' growing on the parterre at Columbine Hall.

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## **Snowdrops for Stowmarket**

Judith and Steve Thompson of Stowmarket have kindly donated masses of spare snowdrops dug up from their beautiful garden. A socially distanced party of volunteers gathered at Red Gables to split, count, pack and label 18 bundles - each containing 100 bulbs. These will be donated to the various care and residential homes around Stowmarket. Not only will they cheer the residents in years to come, but being some of the first flowers to appear, they give insects and bees a welcome fresh supply of pollen and nectar in winter months.



*1800 snowdrops*

**\*Gardeners! As you get busy, please make sure that your compost is Peat-Free Thank you**

Thank you! 26Kg of **crisp packets** collected so far. These will all be recycled instead of going to landfill. Collections continue at Red Gables Volunteer Centre, Ipswich Street, Stowmarket 2-4pm on the first Sunday of every month

Individuals and families are organising their own **litter picks** – mainly on a Friday. It makes our local area a much nicer place to live and also stops litter harming wildlife. Great to see when there is so much bad news about littering.

We have added our name to the **National Grassroots Campaign Map**. In a little over two weeks, 300 individual groups across the UK were located and the number is growing. We are all fighting the same battles – feeling like a small “David” against the “Goliath” wheel of politics and developers. The same issues are being repeated over and over again – unsustainable housing developments, threats to greenbelts and wildlife areas, Councils who declare a climate emergency, yet fail to enforce protective measures. It would be easy to feel discouraged, but this shows that there really is a groundswell of public dislike of crimes against the environment, so we keep pushing for action.

## **Fossil Fuels**

Did you know that every single bit of carbon we produce when we burn or disturb fuel that comes from fossils (petrol/diesel/gas/coal /peat\*) adds to the carbon in the atmosphere? It stays there adding to the global warming “blanket” unless we offset it. Whilst scientists are looking at ways of capturing carbon, by far and away the best way to reduce carbon is trees!! Trees work hard for us; we need to protect them and increase their number dramatically. Meanwhile we can do our bit by reducing journeys and turning engines off when stationary. Every little bit of carbon we can save really matters, so we are working on raising awareness of this.

*Stella Davis, Onehouse*

## FROM SUFFOLK POLICE

People who still need to complete the Census2021 may be visited at home by census field officers.

Official census-branded reminder letters are being sent by post to households who have not yet completed their census.

A census field officer may also knock on the door of a home to provide help and encouragement to those who have not yet filled in their census questionnaire online and direct them to any support services they might need.

Field officers will never ask for payment or bank details.

Field officers will never ask to see personal documents like passports, pay slips or birth certificates. Field officers will never ask for payment or your bank details. They will never ask for your national insurance number.

Field officers do not need to enter your home.

You will never be issued with a fine by text message, phone call or email.

Stay safe from potential scams by visiting the Action Fraud website:

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# Recipe of the Month

## *Chicken with Bacon, Mushroom and Onion*

### **Serves 4**

**4 Boneless chicken breasts (or 2 large ones from M&M Butchers)**

**4 rashers of Back Bacon, cut into 1-to-2-inch pieces.**

**1 small to medium onion – sliced thinly.**

**150g mushrooms - sliced.**

**A little butter or oil**

1. Lightly brown the bacon on both sides and set aside.
2. Put a little butter in the frying pan and gently soften the sliced onion.
3. If there is room, add some of the chicken breasts and more butter and brown on all sides.
4. Remove the onions and continue to brown all the chicken breasts.
5. Once all the chicken breasts have been browned and set aside, add the sliced mushrooms to the pan (with perhaps a little more butter or oil) and cook slightly.
6. Place the chicken in the base of a casserole dish. Top with the bacon, onions and mushrooms. Season to taste and put in the oven 180-200 F for around 25 minutes.

There is no need to add anything else to the casserole dish – there is enough butter/oil in the ingredients.

Serve with potatoes and vegetables of your choice, for instance:

Roast potatoes, carrot and swede mash, purple sprouting broccoli, peas...

Chicken fillets can also be used but for the best results I use the fresh chicken from M&M Butchers.

## **STOWUPLAND FOOTPATHS**

We have great walks around our village that need to be looked after and maintained. A volunteer group currently takes charge, walking the footpaths and reporting any issues as they arise, however, we need more volunteers.

If you regularly walk the footpaths around the village and are willing to volunteer to report any issues with them, please contact either of the following for more information.

sallyreeves@stowuplandpc.co.uk

parishclerk@stowuplandpc.co.uk

Each issue is reported, by the Parish Council, to Suffolk County Council who will attend to issues raised.



# STOWUPLAND SPEEDWATCH

Are you worried about speeding motorists as they go through our village? If you are, perhaps you would like to volunteer to be a member of the Speedwatch team. We need a minimum of three people each time the team goes out. The role of the Speedwatch team is to deter speeding motorists through the village; it has proved to be very successful in the past. It has been noted by Speedwatch members that as soon as the high vis yellow jackets are spotted, brake lights are applied. We have not been out recently due to Covid 19 restrictions but will be starting again soon. We urgently need more volunteers so we can go out more frequently.

The Parish Council receives many complaints about speeding in the village; this may increase in the future as the village grows and we have a lot more traffic in our area. Speedwatch has proved to be a very good deterrent in the past and it should be encouraged to continue in the village.

Anyone measured at travelling over the speed limit could receive a warning letter from the Police. We have a good liaison with the Police; they also provide all the training for our volunteers. So, if you feel concerned about the amount of speeding that takes place in the village and can spare a couple of hours a month to help with this very important activity, please contact Jerry Voden on 01449 703717.

*Jerry Voden Stowupland SpeedWatch.*

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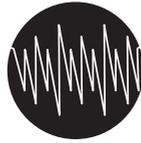
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## STOWUPLAND GOOD NEIGHBOURS

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Some readers may already be aware of the changes being made at Ipswich Hospital regarding car parking charges. These changes affect every car park user, including Blue Badge Holders. Good Neighbour Schemes will now have to register on a weekly basis the cars which access the car park instead of having their annual passes.

What follows is the notification sent out to all Good Neighbour Schemes from which you will see there are significant changes also for Blue Badge Holders.

### Changes to parking at Ipswich Hospital

New parking technology is being introduced at Ipswich Hospital to make it easier and more convenient for everyone to park.

The hospital team is introducing an automatic number plate recognition (ANPR) system for staff and visitor parking from Monday 10 May. The biggest benefit for visitors and patients is that new payment machines are being introduced which will allow them to pay for parking using their bank card or their mobile phone, as well as cash.

Car parking charges and exemptions remain the same. The new arrangements will include a drop off / pick up time so any vehicles on site for up to 30 minutes will not be charged.

Paul Fenton is Director of Estates and Facilities for North Essex and East Suffolk NHS Foundation Trust, the organisation which runs Ipswich Hospital.

**He said: "Many of our patients and visitors have told us how much better their experience of visiting would be if we had different payment options, so we are really pleased to be able to introduce this flexibility.**

**"It also means people will only pay for the time they spend on site. They will no longer need to guess how long they may be, as this has in the past meant visitors overestimate their stay and pay more than necessary."**

#### **A message for blue badge holders**

It is important that blue badge holders register their badge and vehicle(s) with the hospital team, just once, to make sure they are not charged. This can be done when you first visit Ipswich Hospital on or after 6 April by going to the general office (formerly known as South Finance department). It is signposted on the ground floor of the hospital's south wards corridor and is opposite Bramford and Boxford wards and the Paediatric Assessment Unit.

Please note that the blue badge holder must be present at the time of registering. This is so we can confirm their photo identification.

Just leave the clock part of your blue badge in your vehicle and bring the photo identification part, along with your registration number(s), to the office and we will be able to register the blue badge for you.

You can register up to four vehicles to a blue badge and once you have registered your vehicle(s) you can park in our blue badge parking spaces free of charge and simply drive in and out of the car parks when you visit the hospital. Please make sure that when you park in a blue badge parking space that you clearly display your blue badge, failure to do so could lead to a penalty charge notice being issued. Blue badge holders are not permitted to park on yellow lines, hatched areas, non-marked parking bays, or on the pavements or grassed areas on our sites.

**The only time you need to visit the office again is if:**

- Your blue badge expires and you receive a new one
- You change your vehicle
- You come to hospital in a different vehicle

**A message for our regular or long term visitors**

If you are a patient in a department where you are issued a concessions permit – such as those who are receiving regular cancer treatment, or for those in labour – you’ll just need to tell the department’s reception team if you’ve travelled by car that day.

**Staff car parking**

ANPR technology is also being introduced in the hospital staff car parks, but car parking at the hospital remains free for staff during the COVID-19 pandemic in line with national Government guidance.

Rodent Control - Insect Control - Bird Control - Pest Disinfection

Lewis Clarke  
07568 480928  
lrcservices95@gmail.com

Domestic, commercial and agricultural pest control undertaken.  
One-off treatments or a contract covering your premises all year round.

# SAM'S CHAT

Hello everyone,

I am excited as Boris is reducing the restrictions and we can start going out more now and meet friends outside. We got to drive to see my Nanna last week for the first time this year. We did do video calls during lockdown, but they are not very good. Jessica keeps getting distracted playing games and turning Nanna into animals. Jessica got a bit car sick as we haven't been in the car for ages. We only drove for 20 minutes. Mummy was moaning at other car drivers saying they had forgotten how to drive.

When I am writing this, last Sunday was Easter and my family did an Easter egg hunt with Nanny and Grandad. Mummy made it into an escape room easter egg game as I like doing escape rooms and I couldn't do a real one for my birthday. We got so many eggs and I felt sick after eating them. Easter is my favourite time of year because it's so colourful with blossom on the trees. It's a lovely time of year.

Nanny and Grandad were allowed to come and sit in our garden and have Sunday roast with us and then we went for a walk. It was good, it was a hot day and not snowing, which it did the day before and after. I couldn't hug them sadly, but I was very happy to see them, and I hope that I can soon be able to see them more.

Me and my family have been doing Bob Ross tutorials every weekend. Bob Ross is a man who shows you how to paint mountains and happy trees. We started about a month ago. Our paintings seem to have got better and better, but we will never be as good as Bob. He does it so quickly. The program is an hour, but we have to keep stopping it and rewinding so it takes us over two hours.

We liked reading about Patrick the cat. We have two cats now called Tiggy and Tubby. We did have two kittens too but they both got run over last year. Tiggy and Tubby are both boys and very different to each other. Tubby is the oldest and we have had him since when I was born. His real name is Toby, but we call him Tubby because he always stays in the kitchen and wants food. Even when we give him enough food for a week he still wants more. He eats it so fast sometimes he is sick. As soon as anyone goes into the kitchen, Tubby follows. He eats anything too. Tiggy is about 5 years old. He is crazy. He chases Mummy and scratches her legs as he likes playing. He always sits on her computer too when she is trying to work. He breaks into our bedrooms whilst we sleep. As my door doesn't have a lock, I have to barricade it with a drawer otherwise he wakes me up early. He rattles the door so much and sometimes it opens.

It was my birthday at the end of March. I had another lockdown birthday.

Last year the lockdown started a few days before my birthday. This year was a better one. I did an online escape room with my friends. Mummy, Daddy and Jessica did one together. It was Harry Potter themed and it was hard. Me and my friends didn't finish it, but mummy and daddy did. I got a laser tag kit too. I like playing laser tag at our school fair and at our friend's birthdays. My kit has a gun for all of us. It is fun to play with and I want to make an obstacle course in the garden.

I am eleven now, so I have high school soon. I am a bit scared but also looking forward to it. It will be the first time me and Jessica haven't been to the same school. I won't be able to play with her at break time anymore.

Back to school next week. I need to get on with my holiday homework about surviving in the desert.

Keep smiling as the gnomes and friends say in Mill Street.

Sam



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<p>Registered with The GCC, RCC, SCA &amp; BCA</p>	<p>7 Stowupland Road, Stowmarket, IP14 5AG</p>

# SPRINGTIME LITERARY QUOTES

"In the spring, at the end of the day, you should smell like dirt."  
-from *Bluebeard's Egg* by Margaret Atwood

"Spring is the time of plans and projects."  
-from *Anna Karenina* by Leo Tolstoy

"'Is the spring coming?' he said. 'What is it like?'  
'It is the sun shining on the rain and the rain falling on the sunshine...'"  
-from *The Secret Garden* by Frances Hodgson Burnett

"That is one good thing about this world...there are always sure to be more springs."  
-from *Anne of Avonlea* by L M Montgomery

"What I need is the dandelion in the spring. The bright yellow that means rebirth instead of destruction. The promise that life can go on, no matter how bad our losses. That it can be good again."  
-from *Mockingjay* by Suzanne Collins

"Spring drew on: she was indeed already come; the frosts of winter had ceased; its snows were melted, its cutting winds ameliorated."  
-from *Jane Eyre* by Charlotte Bronte

"If people did not love each other, I really do not see what use there would be in having any springtime."  
-from *Les Misérables* by Victor Hugo

"But the true nature of the human heart is as whimsical as spring weather. All signals may aim toward a fall of rain when suddenly the skies will clear."  
-from *The Collected Autobiographies of Maya Angelou* by Maya Angelou

# IMPORTANT CONTACTS

## **Citizens Advice**

[www.midsuffolkcab.org.uk](http://www.midsuffolkcab.org.uk) – 01449 676060  
or 01449 676280 – 5 Milton Road South,  
Stowmarket, IP14 1EZ

## **Doctor**

Emergency – 999  
NHS Direct – 111  
Combs Ford – 01449 678333  
Stowhealth – 01449 776000

## **Emergency Numbers**

Power Cut – 0800 31 63 105  
Gas Leak – 0800 111 999  
Water Leak – 0800 771 881

## **Good Neighbour Scheme**

HELPLINE: 07591 539621

## **Member of Parliament**

Jo Churchill – [jo.churchill.mp@parliament.uk](mailto:jo.churchill.mp@parliament.uk) -  
Constituency Office, 10 Hatter Street,  
Bury St Edmunds, IP33 1LZ – 01284 752311  
House of Commons – 02072 198487  
<https://www.jochurchill.org.uk/>

## **Mid Suffolk District Council**

[www.midsuffolk.gov.uk](http://www.midsuffolk.gov.uk)  
Keith Welham – [keith.welham@midsuffolk.gov.uk](mailto:keith.welham@midsuffolk.gov.uk) -  
01449 673185

## **Police**

<http://www.suffolk.police.uk/contact-us>  
<https://www.suffolk.police.uk/advice>

## **Police Safer Neighbourhood Team**

PC 14443 Stefan Henriksen – Police Station,  
Violet Hill Road, Stowmarket, IP14 1NJ  
[stefan.henriksen@suffolk.pnn.police.uk](mailto:stefan.henriksen@suffolk.pnn.police.uk) - Phone. 101

## **Samaritans – 116 123**

## **Stowupland Village Website**

[www.stowupland.com](http://www.stowupland.com)

## **Parish Council Website**

[www.stowupland.suffolk.cloud](http://www.stowupland.suffolk.cloud)

## **Suffolk County Council**

[www.suffolk.gov.uk](http://www.suffolk.gov.uk)

Gary Green – [garygreen@suffolk.gov.uk](mailto:garygreen@suffolk.gov.uk)  
- 07545 423824

SCC – General Contact No. 0345 606 6067

## **Schools**

Stowupland High School -  
[www.stowuplandhighschool.co.uk](http://www.stowuplandhighschool.co.uk) - 01449 674827  
Freeman Community Primary School -  
[www.freeman.suffolk.sch.uk](http://www.freeman.suffolk.sch.uk) - 01449 612067

# DIARY DATES

There are plans to reopen the Village Hall if the government's "roadmap" dates don't change so some groups are looking at resuming regular meetings.

The W.I. are planning their first post lockdown meeting on Wednesday 23rd June. Contact Mary Coltart 01449 678403

Stowupland Local History Group hope to meet at the village hall on Wednesday 2nd June for a warm-up meeting before regular meetings resume with a special speaker in July.

Stowupland Pre-school Baby and Toddler Group are re-opening on 5th May and will meet every Wednesday during term time 9.30 - 11.30 am at the village hall. Contact 01449 678550 as numbers are limited.

## Mobile Library

Tuesday 18th May. 9.30 at Jubilee Court 9.55 at The Green.

## Mobile PO

Every Wednesday at the Village Hall 2.00 - 4.00pm.

# STOWUPLAND BOWLS CLUB

We hope that everyone was able to enjoy the Easter period which presented us with the usual mixture of weather and temperatures, hot and cold, dry and snowy.

Our green is looking immaculate, and we are set up to commence playing on 17th April which will comprise of friendly matches amongst ourselves, weather permitting. There is news coming through that league matches will begin mid-May although it will be too late to include definite information in this edition.

We will be open on Tuesday, Thursday and Saturday afternoons with play commencing at 2pm sharp. A reminder for anyone who would like to "test the water" so to speak and try bowling; please do come along but have a word with our Chairman, Frank Boxall, beforehand on 01359 244591. We will be following Government guidelines with no more than 6 players on alternate rinks, we look forward to a competitive but friendly season.

To everyone, whether involved in bowls or not, enjoy the coming weeks and we'll be back in the June edition with further information.

*David Begg*

# STOWUPLAND WI



Further to last months entry in Telstar we have decided to change the date of our June celebration from the 16th to the 23rd, hoping that the government guidelines are still on track to end on the 21st of June. This will mean that we can all enjoy our strawberries and cream, with cake, Pimms and have a lovely evening to catch up with our friends.

All meet at 7.30 at the Village Hall! See you then x

## SUDOKU

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	8	3	1	2	4			
				3	7			4

Find completed puzzles on page 45

Rachel Eburne – rachel.eburne@midsuffolk.gov.uk -  
01449 673311

MSDC General Contact No. 0300 1234000

**Mobile Library** - 07721 879855

### **Parish Council**

Sally Reeves – Chairman - 01449 745739

sallyreeves@stowuplandpc.co.uk

Keith Welham – Vice Chairman - 01449 673185

keithwelham@stowuplandpc.co.uk

Philipp Deal - 07957 623326

philipdeal@stowuplandpc.co.uk

Laura Johnson - 07826 851030

laurajohnson@stowuplandpc.co.uk

Paula Murton - 07906 677817

paulamurton@stowuplandpc.co.uk

Ray Studd - 01449 676606

raystudd@stowuplandpc.co.uk

Jerry Voden - 01449 703717

jerryvoden@stowuplandpc.co.uk

John Hayward - 01449 674717

johnhayward@stowuplandpc.co.uk

Laura Beeson - 07918 808387

laurabeeson@stowuplandpc.co.uk

Clerk to the Parish Council – Claire Pizzey

parishclerk@stowuplandpc.co.uk - 01449 677005 2

Broomspath Road, IP14 4DB

Parish Council Minutes of meetings and agendas are available on the Parish Council Website  
[www.stowupland.suffolk.cloud](http://www.stowupland.suffolk.cloud)

### **Vets**

Cedarwood – 01449 676966

Stowe Vets – 01449 613130

### **Village Hall Bookings**

Colin Booker – Phone - 07862740830

stowuplandvillagehallbookings@gmail.com

### **Village Clubs**

Baby and Toddler Group – Kelly Woolnough –  
07776 206430

Book Group – Patricia Hodgkins – 01449 672127

Bowls Club – Graham Newman – 01359 240846

Community Events – Keith Welham – 01449 673185

Country and Western – Pat Murphy – 01449 677405

Dance Club – Mary Durham – 01449 672601

Local History Group – Jerry Voden – 07951 086383

Short Mat Bowls – Pam Fayers – 01449 770080

Sports and Social Club – Andy Parkin – 07796 274905

- [www.stowupland-sports-and-social-club.co.uk](http://www.stowupland-sports-and-social-club.co.uk)

Stowupland Cricket Club -

[www.stowuplandcricketclub.co.uk/](http://www.stowuplandcricketclub.co.uk/)

Stowupland Falcons Football Club -

[stowuplandfalconsfc.co.uk](http://stowuplandfalconsfc.co.uk)

Stowupland Sports Centre –

[info@stowuplandsportscentre.co.uk](mailto:info@stowuplandsportscentre.co.uk) - 01449 672531

Stowmarket Willdife Group – John Thompson -

[swtstowmarket@gmail.com](mailto:swtstowmarket@gmail.com) - 01449 676471

W.I. – Mary Coltart – 01449 678403

[coltart2001@yahoo.com](mailto:coltart2001@yahoo.com)

# CREATURE CHANGE



Katie the kind caterpillar,  
Lived on the land, not the sky.  
She was furry and walked on her short legs,  
When really, she wanted to fly.

Then one day she was very puzzled,  
Her body was crinkly and hard.  
There was no spare room to manoeuvre,  
'Twas like living in a tiny, small yard.

Eventually Katie reached freedom,  
She broke from her chains with a cry.  
She was able to spread lovely red wings,  
She was a magnificent, bright butterfly.

*The Really Lovely Poetry Company R.R.G.*

## STOWMARKET U3A



It has been sometime since I have been able to share news of Stowmarket U3A. This is a group for those who are retired or semi-retired who wish to get involved in educational activities combined with socialising.

When life is normal, we meet on the third Wed afternoon of the month in the URC hall Stowmarket where we listen to a talk and then share a cup of tea or coffee and a biscuit. Our activity groups meet in homes or the library once or twice a month.

Obviously over this last year, it has been very difficult for our groups to meet but now with the vaccination program and hopefully the easing of restrictions, we are looking forward to having more than just a few groups running on-line.

We have recently started having an on-line talk which attracted many of our members. If you would like to access it for yourself, please follow the link here <https://www.youtube.com/watch?v=d672fbpNv8Y>

We are also planning to put up some posters to let people know something about our group. Later in the year we hope to have a picnic for our members and an open afternoon in September. Please look out for information for both, and if you are interested please contact us on through our website <https://u3astowmarket.wordpress.com/>.

Membership from September will be £15, while until 31st August it is £7.50 due to the reduced activities we can offer.

Hopefully, we will see some of you soon,  
*Glynis Hunt, Chair*

## Reduce your Accountancy costs

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## Stowupland Village Hall

### Excellent facilities - competitive prices



Our Village Hall is just the place for clubs and groups to meet or for special functions, such as parties, receptions and exhibitions.

There is one large room suitable for 140-300 people depending on the event. A small one seats up to 20 people. There is a well equipped kitchen, ample parking and a licensed bar, plus a new audio-visual system included in the standard hire charge.

Interested? Look on our website at [www.stowupland.com/village-hall](http://www.stowupland.com/village-hall).

Call or email Colin Booker, our booking secretary to arrange a viewing or make a booking.

Tel: 07862740830. email: [stowuplandvillagehallbookings@gmail.com](mailto:stowuplandvillagehallbookings@gmail.com)

### You could advertise your business here for only:

£10 per month  
(Quarter Page)

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(Whole Page)

Please contact:

Sally Wray by email  
[adverts.telstar@hotmail.co.uk](mailto:adverts.telstar@hotmail.co.uk)

# WALES

by *Grace Sochacz*

How green is the valley,  
Where the Welsh sheep roam,  
The streams meander round the rocks,  
That end in pools of foam,

How high is the mountain,  
Where the heather is blue,  
And the blueberries grow,  
Close to the earth, that's nibbled so low,

How pleasant is the fresh air,  
In those hills so high,  
Where the tops of the mountains,  
Meet the blue of the sky,

How green is the valley,  
Where the Welsh sheep roam,  
A lake at the bottom,  
Where sheep tracks surround,

How swift is our Rex,  
As he rounds up the sheep,  
Whilst in the barn,  
Timmy Thomas, the cat is fast asleep,

How the cockerel was crowing,  
At the break of day,  
All the hens were laying,  
Their eggs in the hay.

# STOWUPLAND VILLAGE HALL – AGM AND REDEVELOPMENT PLANS

Plans for the redevelopment of Stowupland Village Hall are moving forward. We have drawn up plans and these will be available to see before our AGM on 21 June 2021. Please come along to the Village hall at 6:30pm to 7:00pm on Monday 21 June 2021 to see the plans. This will be followed at 7pm by the Village Hall GM which you are welcome to stay for.

## Redevelopment Plans

The Village Hall was built in the 1940's and is starting to look its age. The roof keeps leaking and the layout is not ideal for all the modern day uses. The Bowls Club Pavilion is also reaching the end of its life and in desperate need of replacement. As a result, the trustees have drawn up plans with a local architect to redevelop the Village Hall to include:

- A new Pavilion for the Bowls Club.
- New and expanded changing rooms for the Football and Cricket Clubs.
- More storage in the Village Hall for chairs, tables and clubs.
- Improved toilets and kitchen facilities.
- Improved bar for the Social Club and Village Hall.
- Redecorating and refurbishing the Village Hall and Social Club areas.
- New improved outdoor storage facilities for the Football and Cricket clubs replacing the current mixture of sheds and storage compound.
- Completion of the Safely to Schools route across the Village Hall land filling in the missing link from the High School to the Primary School.

## The Annual General Meeting (AGM)

As a registered charity the Village Hall has to hold an AGM. It normally takes place in April but due to the COVID restrictions it has been delayed until Monday 21 June. The meeting will take place after the presentation on the redevelopment plans. During the meeting we will elect new officers for the following year, approve our annual accounts and hear from the regular users of the hall about their activities and plans. Please do come along and support the Village Hall if you can.

# STOWUPLAND PARISH COUNCIL



2 Broomspath Road, Stowupland, Suffolk, IP14 4DB

Clerk: Claire Pizzey

☎ 01449 677005 ✉ [parishclerk@stowuplandpc.co.uk](mailto:parishclerk@stowuplandpc.co.uk)

## **Annual Parish Meeting**

The Annual Parish Meeting of a parish shall assemble annually on some day between 1st March and 1st June, both inclusive, in every year.

*"The Chairman of the Parish Council MAY call the meeting. If he/she doesn't call a meeting, 2 other Parish Councillors MAY call the meeting. If they don't, 6 registered electors MAY call the meeting".*

There has been no advice to date from the government regarding extending the legislation for holding remote meetings and the Parish Council decided at its February meeting that it would not be calling an Annual Parish Meeting in 2021.

## **Annual Meeting (AGM)**

The Annual Meeting (AGM) of the Parish Council needs to be held on such day in May as the Parish Council may determine.

As the government has yet to extend the regulations to meet virtually beyond 7th May 2021, the Parish Council has agreed to hold the AGM of Stowupland Parish Council remotely on Thursday 6th May 2021 rather than on Thursday 13th May 2021.

In these difficult times we hope that the residents of Stowupland understand why the Parish Council have made these decisions. Please contact the Clerk with any queries, [parishclerk@stowuplandpc.co.uk](mailto:parishclerk@stowuplandpc.co.uk)

# STOWUPLAND PARISH COUNCIL

It was with great sadness that the Parish Council learnt of the recent death of Mary Bloom. She was an active member of Stowupland Parish Council for 48 years including time as Chairman. She may well be the longest serving member, taking her place on the council upon the retirement from the council of her father. Her local knowledge was invaluable to the Parish Council and she was so often the voice of calm in heated debates. She was always careful of how and on what the Parish Council spent money and that is an essential where public monies are concerned. She was involved in many village organisations and always as an active member doing all she could to ensure all thrived. Our sincere condolences go to her family. She will be much missed by a great many in Stowupland.

Sally Reeves, Chairman

# CHAIRMAN'S COLUMN

As I write this, just after Easter, life looks to be on course for a return to some semblance of normality. We can get out and about a bit more and some of you are thinking about a return to working in offices and shops instead of online. Let's hope the Government's timelines can be met as we are all suffering from a bit of cabin fever.

The Parish Council is also due to return to face-to-face meetings in June albeit on a different evening and in a different location. If all goes to plan your Parish Council will meet on the second Tuesday of every month in the Village Hall from June. There will be more on that in next month's Telstar.

Hopefully as life begins to return to normal our activities around the village can start up again. Speedwatch is already back and out and about around the village. Our thanks to those who volunteer to stand out beside the road and on occasions suffer abuse from drivers. It's your village so please keep your speed down and make sure they don't catch you.

The Playpark is officially open again but with restrictions. Previously there were signs at the entrances stating it was closed due to Covid restrictions and this was due to your Parish Council being unable to fulfil the Government criteria for reopening. There is now different signage, and the Playpark can officially open but please no food or drink to be consumed in the Playpark and please make sure you sanitise yours and your children's hands after using the equipment. Residents may have noticed a piece of equipment has been removed. This was identified as dangerous in parts at the recent Playpark Inspection and as we were unable to obtain the parts needed it had to be removed. Your Parish Council is currently looking to replace it with new equipment.

The work to install posts on The Green by the butchers is due to commence end of April/beginning of May and will do much to protect The Green there. Your Parish Council will then look at other areas of The Green. I have received several complaints about vehicles parking on and causing damage to The Green when using the Fish & Chip shop. It seems that Good Friday was an especially bad day with haphazard parking and litter left behind. Your Parish Council has been in contact with the owner of the shop to request he provide a rubbish bin and we will see what actions we can take regarding the parking issues.

There seems to currently be a hold up with completing the Safer Route to School through the High School land. Although the base coat for the route has been laid across The Green your Parish Council has requested that, irrespective of the route being completed, the top surface is laid as soon as possible. Footpath 62, that comes out at the pond by The Retreat is also due to be resurfaced and the surfacing extended to meet the footpath from The Retreat to the A1120. This will hopefully also solve the problem of the tree roots as you come off the bridge.

I have tried to be more positive this month as I realised when I reread my column in last month's Telstar what an old moaner I have become.

*Sally Reeves*

# PARISH COUNCIL REPORT

APRIL 2021



The Zoom meeting opened with a minute's silence in remembrance of Mary Bloom who served on Stowupland Parish Council for 48 years and passed away recently. There were 9 Parish Councillors, MSDC Cllr Rachel Eburne and myself as the only member of the public.

## **Councillors' Report:**

There was no report from SCC and the MSDC report can be found elsewhere in Telstar. Cllr Welham advised that the joint local plan has been submitted and is awaiting a date when a representative of the PC can speak at the Public Inquiry.

## **Matters of Report:**

SCC Cllr Green has been requested to see that the sandbags on the edge of The Green are removed and for a contribution towards the cost of the erection of posts. The incorrect markings at the bus stop are to be included in works for the safer route to school. The Clerk has made contact and is awaiting information from organisations linked to the Fit Villages & Most Active County Projects. A locality grant has been received for the heritage leaflets and the Clerk and Cllr Welham will be providing a draft leaflet for the PC to approve. Currently awaiting a start date from the contractor for the erection of the posts along Gipping Road. Everything else is either awaiting quotations or on hold until the lifting of lockdown restrictions.

## **End of Lockdown:**

It was suggested that some thought should be given to an event on The Green to remember all those who have lost their lives during the pandemic and to acknowledge all the help that has been given by members of the public to help the vulnerable through this. It could take the form of a lighting of the beacon and for family groups to come together and bring a picnic along. A date for this and final decision will be made at the June meeting.

## **Facebook Page:**

A small group of Councillors are assembling suitable content for a Facebook page for the Parish Council and to take responsibility to respond to queries fairly quickly.

## **Sub-Committee Reports:**

**Cemetery and Churchyard:** The installation of the new cemetery gates is due to commence on 21 April. The stump grinding in the cemetery has been completed and the contractor will be weed spraying the seed area shortly. It was agreed that the quotes for laying of a new line of slabs at the ashes internment area and for work to the trees in the cemetery should be accepted. It was also proposed that the offer of £25 is accepted for the 30 used slabs behind the memorial wall and that the hourly rate for the caretaker is increased to £12.50. The topple test has been carried out and although there are a few slightly loose headstones, the Chairman is going to speak to the stonemason before any other action is taken; there are none that are at particular risk.

**Environment:** A budget of up to £600 was agreed for a replacement for the recently removed jubilee bench.

**Finance and Policy:** The recommendations from the committee to adopt the Lawful Basis for processing data documents and the purchase of a voucher for the internal auditor to carry out the 2020/2021 audit were all agreed.

**Planning:** A proposal has been received for a two storey extension to a property in Gipping Road and this was supported; in respect of a proposal for various works to a property in Mill Street, an objection was made to the current application. The application for a change of use of land from agricultural to tourism at Park Farm was supported. MSDC have granted planning permission for previous applications in Hawthorn Close, Thorney Green and Gipping Road.

**Play Park:** The unsafe item of play equipment has been removed and the PC are currently awaiting a start date for the tree surgery in the play park. The signs for the re-opening of the Play Park have been printed and awaiting collection. It was agreed that an application should be made to the Parish CIL Fund of up to £10,000 for a new piece of play equipment to replace the one that had to be removed.

**Transport, Traffic and Safety:** The speedwatch team has recommenced and the Police have checked the speed gun. A trial of the Old Newton SID machine will be undertaken in Stowupland before the end of the summer term. SCC are planning a project of using an automatic number recognition recording speed device and are looking for local parishes to take part; it was agreed that Stowupland should put their name forward to be included in this.

**Trim Trail:** Following the results received from a questionnaire in this edition of the Telstar, the committee will make their report to the PC in the June meeting.

**Clerk's Report:** The Clerk has confirmed an update from SALC that face-to-face meetings have to resume as from 17th May. Masks will have to be worn, social distancing, sanitising and no papers/agendas will be able to be given out. It was agreed that visors should be purchased for the Councillors in order to make conversation easier. The first meeting will be on Tuesday 8th June in the main Village Hall.

**Correspondence:**

Correspondence was received from MSDC regarding a leisure, sport and physical activity strategy survey, a dog bin on Oxlip Way and the business rates in relation to the cemetery. There was also a request from the High School for the PC to provide an additional litter bin close to the playing field to prevent residents using the High School bins. A purchase order has been received from SCC rights of way grass cutting programme for which the Clerk is seeking quotes ready for the next PC meeting. SCC have also advised on the extension of the 30mph limit at Fishponds Way, Haughley. Correspondence from a resident of Trinity Meadows regarding the phase 3 planning application was also noted. There was also correspondence from the Planning Enforcement officer regarding a new property in Gipping Road.

The meeting closed to the public at 8.47pm.

# **DISTRICT COUNCILLORS' REPORT**

**MAY 2021**

## **Pre-election period County Council Elections**

Elections to Suffolk County Council take place on 6 May. There will therefore be no meetings of MSDC, except regulatory committee meetings, during April. The next MSDC Council meeting will be on 24 May and will be the annual meeting at which the Chairman for the new municipal year will be elected.

## **Motion relating to Green Space in Mid Suffolk**

Rachel presented the following motion to the full council meeting of MSDC in March:

That the Council carries out a review of green space to ensure that it is optimising the biodiversity and wellbeing aspects of natural and amenity space in Mid Suffolk. Rachel spoke to the motion; it gained the support of the Conservative group, and it was carried unanimously.

Green space can contribute significantly towards meeting the Council's climate change and biodiversity targets; it also contributes greatly to the health and wellbeing of residents. The data collected during the review will feed into the work of the environmental task force set up to identify ways to reduce climate change and enhance biodiversity throughout the district.

## **March MSDC Council meeting**

Apart from the Green Space motion, the only significant item on the agenda was a report on the annual review of the CIL Expenditure Framework. No major changes to the bidding procedure will be made. The report reiterated the requirement that bids should show that funding from sources other than MSDC has been agreed in advance of the bid to MSDC; that bids must be for capital infrastructure projects with all necessary formal approvals in place, with evidence of how the project will assist in offsetting the impacts of growth in the district.

## **Linden Homes Site**

Residents have expressed concerns about traffic and parking and regular infringement of the morning start time. Keith has continued to report concerns to the site manager, who has taken action as a result. Work is often starting on site earlier than the time set out in the construction management plan; this has been reported to MSDC Planning Enforcement.

## **Litter Picking**

It is encouraging to see reports of litter picking by individuals, family groups and socially distanced small groups. If you are aware of any other individuals or small groups who need equipment of bags in order to pick up litter in the village, please let us know.

## **Food for Families in need**

Mid Suffolk District Council are funding food to help those most in need over the Easter school holidays.

Councillor Keith Welham  
keith.welham@midsuffolk.gov.uk  
Telephone: 01449 673185

Councillor Rachel Eburne  
rachel.eburne@midsuffolk.gov.uk  
Telephone: 01449 673311



# U.R.C CHAPEL

## NEWS

**Minister: Revd Robert Sheard**

**Telephone 01449 678173**

So much for the warm weather. It has been very cold with frosts and even some snow but when the sun shines it is beautiful.

A Service was held at Stowmarket URC on Easter Sunday although no service was held at Stowupland Chapel on that day. The Good Friday service, also from Stowmarket, was streamed on Zoom.

Currently services at the Chapel are suspended as we decided it was the safest thing to do until most people have had their second jab.

We hope to resume services late April or early May. Look for a notice in the Chapel window.

Our Minister continues to stream Sunday Services on Zoom each week at 10.30am. Also Pause for Prayer is on a Thursday morning each week at 9.30am for half an hour of devotion which is also on Zoom. The code for both is 878 9703 9806, password 269834, if you would like to join with us you are most welcome.

What would we do without all the technology? It has allowed lots of us to enjoy services and also stay in contact and see our families.

*Joyce Gardiner*

## MINISTERS MESSAGE

“Yes, even on my servants, both men and women, I will pour out my Spirit in those days, and they will proclaim my message.” (Acts 2 :18)

Dear Friends,

Over the past year we have had many changes to cope with, both in our everyday lives and church lives, coping with the pandemic. As Easter gave us hope that things will get better, in the Christian calendar the Month of May also brings us hope, we first have Ascension Day and Pentecost, May therefore could be looked on as an ending, and a new beginning. In the same way that we are slow coming out of the lockdown.

Ascension Day is when we remember Christ ascending to be with his Father in Heaven, the last time he was to appear to his disciples here on earth. Pentecost is the Birthday of the Church, when the spirit was poured out on the Disciples, which marked the beginning of the Church.

As a Church, we could be said to be having endings and beginnings all the while. The Church over the centuries has gone through many changes both in worship, and the buildings in which we worship, this can be partly seen in the many denominations that we have. The Church of the past year has had to find new ways of being Church, perhaps the biggest change for us was to take our services online.

For the Church to be vibrant and relevant it has to be prepared to change, but not to go along with secular fads, the Church needs to be relevant to every generation, and sometimes for us that has been within the Church, for many years those changes may not always seem necessary.

The challenge that each Pentecost gives us, is first to look back to that first Pentecost, to when the first Disciples were thought to be drunk, but were indeed infected by the Holy Spirit, to learn from them and to move forward in the power of the Holy Spirit. In our secular society Church is not as relevant as it once was, and our challenge is to show the world that the Church can still be relevant to them, and to us.

In his speech to the fledgling Church, at that first Pentecost Peter spoke the words of the prophet Joel:

“This is what I will do in the last days, God says “I will pour out my spirit on everyone. Your Son & Daughters will proclaim my message, your young men will see visions, and your old men will have dreams, yes even on my servants both men and women, I will pour out my spirit in these days, and they will proclaim my message.”

Even today these words still have relevance for us, even in our days where science seems to have all the answers, if we only let the Holy Spirit in, it will be amazing to see how much the Church will become relevant, especially to a society that thinks it has all the answers.

This Pentecost let us treat it as though it is our first and ask God to send his Holy Spirit upon us and see where it leads us.

Yours in Christ

*Robert*

*Reverend Robert Sheard Minister of the Stowmarket group of Churches. The group consists of Stowmarket, Debenham, Mendlesham, Haughley & Stowupland)*

# HOLY TRINITY CHURCH

## NEWS

HOLY TRINITY CHURCH  
STOW VILLAGE



Vicar : Revd Brin Singleton Tel. 770921

Churchwardens : Mrs Ann Doubtfire Tel. 770363

: Mrs Sue Hayter Tel. 613710

Email: [brinsingleton@btinternet.com](mailto:brinsingleton@btinternet.com)

<https://www.achurchnearyou.com/church/2082/benefice/>

Dear Friends;

The month of May, and the hope of newfound freedoms in our hesitant return to hospitality, leisure, entertainment and travel, and in the Church's calendar the feast day of the Ascension.

The celebration of a departure which celebrates an eternal presence.

Between the books of the Gospels and the Letters of the Early Church there is the story of the risen Christ Jesus' ascent into heaven, by which his earthly presence, as the Gospel accounts witness to His acts in person, are seen ongoing in the acts of the Apostles, as the book their name, sealed in the gift of the Holy Spirit at Pentecost, His risen body now in the life and witness of His Church. And in our transition from pandemic's lockdowns through vaccination, we move from virtual encounters, to meetings person to person, from relying on others for all our needs to discovering again our self-determination to pursue the course of our lives as may answer for ourselves our own need.

There are lessons here, just as the teaching of the Church through the story of Jesus' Ascension calls on us to witness to our faith, to witness to Christ's risen life in our lives, we in transition from pandemic through vaccination are called to witness to the care compassion and mercy which bought us through our trial, that in our release and freedom we remain open to life anew in care, compassion and mercy for all. And we may yet come to mark our release, as well our loss, through some national story of remembrance, and expression of hope. These are still tentative steps towards pray, a better way of living, more inclusive, more caring, less self-serving, more valuing of others.

The transition from non-believer to believing, too is a journey of discipleship, disciplining ourselves to embody God's love in Christ for all peoples, to think of others needs before our own, to follow the example of Jesus' living among us in giving to good works before our own indulgences, living a life in all its fullness, because we are in Jesus released to give life to others.

If you feel called to explore the release of your journey of faith, do join with us, that we may share that discovery with you and together grow our discipleship in Christ.

*Yours in Christ, Brin*

*Rector at Haughley with Wetherden and Stowupland.*

achurchnearyou.com

**A PRAYER:**

May the God of all love, who is the source of our affection for each other formed here, take our friendships into his keeping, that they may continue and increase throughout life and beyond it, in Jesus Christ our Lord.

*William Temple*

**PLEASE NOTE:** All services may be subjected to change by government rules in force at that time.

**Services in May 2021**

2nd May	9.30am	Parish Communion
9th May	9.30am	Worship for All
16th May	9.30am	Morning Prayer
23rd May	9.30am - 10.30am	Church Open for Private Prayer
30th May	11.00am	Benefice Service at Stowupland

Our own parish webpage AChurchNearYou-Stowupland is getting over 150 views a week, and across our three churches – Haughley with Wetherden and Stowupland, over 400 of you take a look each week. So, we hope we will be able to get our plans online whatever our haste in the changes of these coming weeks.

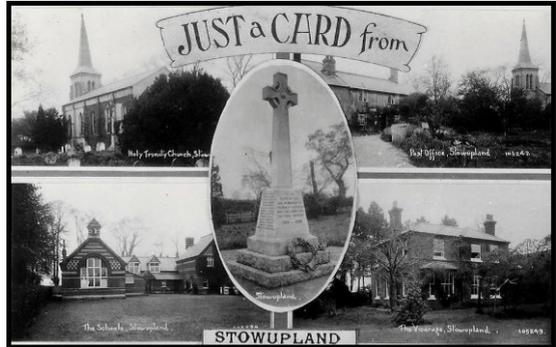
AChurchNearYou – Stowupland

<https://www.achurchnearyou.com/church/2086/>



## LOCAL HISTORY GROUP

At the time of writing, we are still waiting to hear when we can hold meetings in the Village Hall. While we wait, we are honing our Zoom skills. In May we have planned a brief catch up using Zoom to share some of **'what committee members did during Lockdown'**. If that goes OK then we may make more use of Zoom. For further updates please contact Christine or, if you can, keep an eye on our Facebook page.



For now, let's continue reflections on the pursuit of local history in Stowupland before the Local History Group was founded.

In 1973 an evening course of 12 'meetings' was held in Stowupland School. This was the primary school as the High School had yet to be built. The emphasis was to be on **'the social side of history'** and was **'designed for those who would like to find out more about their locality and its inhabitants in the past.'** Reading through Ena Carter's notes I can form a good idea of how informative and useful she found these sessions but I don't know how many people attended. Even today too many people are turned off history by their school experiences.

My memories of 1960's school history is of its focus on dates of national and international importance which, at the time, seemed to have little relevance to my life. My brother's school did have a Local History Group, he told me he only belonged to it because he got to go on visits to local places of interest, instead of sitting in the classroom.

The course tutor for Stowupland's evening classes was Peter Northeast. He lived locally in Rattlesden and his children would later attend Stowupland High School. He was very active in researching and sharing his knowledge of local history and played a very important role in the Suffolk Local History Council (SLHC).

The SLHC was first set up in 1953 and nearly 70 years later still plays a big part in supporting local historians, whether they are inexperienced or experienced. It had its origins in the Suffolk Rural Community Council which at the time of the **1951 Festival of Britain** assisted Suffolk villages to put on displays of local historical interest, encouraging local people to remember and celebrate their past. Is it fanciful to suggest that British villagers were being encouraged to believe that they were Great not just because of novel developments and technologies but because of their rural heritage?

Since 1986 the SLHC has been independent of any affiliation to political oversight and it continues to grow and expand its activities, providing support to many Local History Groups. It is one of the first organisations that in 2011 Stowupland LHG became a member of. Many of the speakers that Neil books for our monthly talks (when Covid permits) come from contacts in SLHC and Neil has had articles published in the SLHC Newsletter and the Suffolk Review.

#### **Your SLHG Committee; -**

Sandra Walker (Chair)- 01449 673296: sawalker2000@hotmail.com

Jerry Voden (Secretary)- 01449703717: voden@btinternet.com

Christine (Membership and treasurer) - 01449 771430:

christine.stowupland@gmail.com

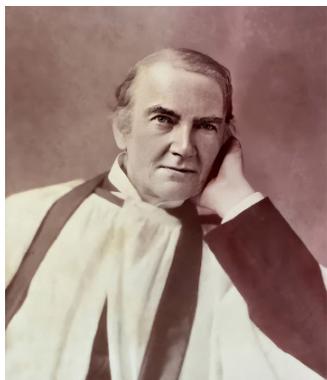
Neil Langridge (Research and publicity)-01449 616275:

neil@stowman.plus.com

Dave Walker (IT support)- 07986 638029: dave@dwdriving.com

## **STOWUPLAND VICARS – PART 4**

After the series of vicars who came and went in the 1880's, the last years of the 19th Century and the early 20th Century saw some longer incumbencies with just three vicars over 37 years.



The **Reverend Albert Aitkens** arrived in 1890, His father was a successful builder who had worked with the architect John Nash on some of London's Regency houses. However, Albert was orphaned at the age of just five, after the early deaths of his mother and father, and then brought up by his maternal grandparents before attending Rugby school and St. John's Cambridge. He served in several parishes across the south of the country both as curate and vicar as well as a spell as chaplain at the Royal United Hospital, Bath.

Albert seems to have been fairly well off and of some social standing. His son married the daughter of a Lord Mayor of London in a grand wedding at St. Pauls Cathedral, so he was probably not dependent on the modest income he would have received here. In 1894 there was a controversy surrounding the burial of Mr. C. W. Barnard, landlord of The Crown. Barnard was a member of the Ancient Order of Foresters, and members of the society attending the ceremony had an issue with the vicar who wanted the ceremony conducted at the graveside, while the A.O.F. members felt that it should be conducted in the church. Aitkens was already 62 when he came to Stowupland, his final parish before his retirement to Boscombe in Hampshire.

**George Maddock Shallard** was no stranger to the area when he took up the position of Vicar of Stowupland in 1899, he had been a curate at Stowmarket Church from 1892. Oxford educated; his first position had been a curate near Sheffield. He was born in France the son of a ship's captain. While in Stowmarket he seems to have taken an active part in the social life of the town.



Reverend Shallard 2nd left at dedication of Burgh war memorial 1919

He is reported as participating in a cycling race at a sports day organized by Stowmarket Cycling Club and he sang along with his family at a concert for the Band of Hope.

He was also a member of the Suffolk Institute of Archaeology and History, so a man of wide interests it would seem. 1897 he left Stowmarket to become curate-in-charge at St. Peters, Bury St. Edmunds, for a couple of years, where he seems to have been highly thought of as he was given a good send off when he left to come to Stowupland in July 1899. While here he was president of Stowupland Football Club.

On leaving the parish in 1911 his next post took him back to France where he was a chaplain in Rouen, he was there at the outbreak of war in 1914. He sent his family back to England, but it seems likely that he remained in France throughout the war. In 1919 he returned to Suffolk as vicar of the parish of Burgh near Grundisburgh where he remained until his retirement in 1947, dying in 1949.

*Neil Langridge*

## **MEMORY LANE UPDATE**

Following on from our April Issue of Telstar that published an old photo of the garage, I have spoken to the previous owners who provided a fuller picture:

The garage was bought by Gordon Leeks, probably in the 1960's. He also ran a building business in Stowupland. Gordon and his family ran the service station for over forty years. There was also a shop that sold groceries and newspapers as well as taking the money for petrol and derv. Bryan and Ivan's sisters, Pauline and Linda, were also involved with the shop as well as Ivan's wife, Sheila.

The photo that we printed last month Ivan believes was taken around 1988 when the service station was undergoing alterations to become a self-service petrol station. The shop was also rebuilt, and work was completed around 1989-1990.

Car repairs were also undertaken at the service station by Mike Ling, who leased the car repair shop at the front. He was later joined by his father George, who also leased another workshop at the rear of the service station. The workshop at the rear and showroom were pulled down when the pumps went self-service.

At the back of the service station was an acre of land that was used as a tourist caravan park. The bungalow that was behind the service station was originally built by Gordon Leeks for the then owner of the garage.

The old service station was finally sold to the Anglia Co-Op in 2005 and has been updated into the shop and petrol station that serves the village now.

My thanks go to Ivan Leeks for taking the time to call me and chat about the service station. He has lived in Stowupland most of his life with just a short absence to Middlewood Green.

I'm sure this update will jog some memories!

*Ed.*

## MEMORY LANE

The picture is of Red Ore workers, but our Local History Group have no information about this. If it jogs your memory, please do get in touch as it would be great to find out more!

As you can see from the Memory Lane update, here at Telstar we like to fill in the gaps of local history!



# TELSTAR A SHORT HISTORY OF THE MAGAZINE

## "THEN AND NOW" PART 2

To bring you up to date and continue with how your village magazine came out in the format we have today, I will take you through the more recent history. There is not much information about the early years; between 1963 and 2004 it was produced quarterly with a number of different editors. Funding was provided by the Parish Council and then advertising started to help finance the magazine.

In 2004 the Parish Council took the decision to prepare a Parish Plan; this document is still available from Mid Suffolk District Council. Surveys of residents resulted in a number of suggested initiatives; high on the list was a monthly village magazine and more community events on The Green. A committee was formed to take on the management of Telstar and a community events committee was formed. The previous editor had left the village; Julia Gladwell became the new editor and typesetter and instigated a number of changes, changing the magazine from 8 photocopied pages to a professionally printed A5 magazine on quality paper. It was decided to become independent from the Parish Council, open our own bank account and apply for grant funding from the Parish Council on an annual basis. It had been agreed to use Gipping Press for the printing and to encourage more businesses and local residents to advertise in the magazine. The increased funds would allow us to produce the magazine 11 times a year with December/January a double issue, plus two colour covers per year; it also became the A5 size it is today. A Diary Dates page was also added.

Besides a monthly village magazine, the Parish Plan highlighted a desire for community events to take place, so an organising committee was formed. Community quizzes and bingo were organised, and Music on the Green came into being; this was a big commitment for a small group of people. It ran for ten years but the number of helpers volunteering became insufficient for it to continue. Alongside these efforts, we entered The Village of The Year competition in 2006. So there was plenty of new material for Telstar in the early years of the new format. We have continued throughout with regular contributions from the Parish Council and Chairman's column, also from Holy Trinity Church, URC Chapel, Cricket and Football clubs, Bowls club, Village Hall, Stowupland WI, the Good Neighbour Scheme (which was formed in 2005), Stowupland Local History Group (formed in 2011), and, for many years, Allotment Life. There were updates from the High School and Primary school, also a young contributor from the high school kept us up to date with school functions and activities. More recently, Brian Ward has joined us with his Countryside Rambler articles.

In 2019 a new editor, Kay Easter, brought fresh ideas to Telstar. Included were contributions from Kate Elliot with her Down To Earth column, Sam's Chat returned, also recipes and a puzzle page with puzzles and a crossword.

It has been great to hear how one of our younger readers has coped with the lockdown situation, being out of school and away from friends for such a long period. We are always looking for contributions from our younger readers, so anything you have to say would be very welcome.

In the years Telstar has been going we have won Village Magazine of the Year twice, 2008 and 2012 and been runners up in 2016 and 2017. This competition was run by the Suffolk Association of Local Councils. Over the years, despite several changes in personnel on the Telstar committee, our standards have not slipped and we remain committed to producing a newsworthy and relevant magazine for the village. That is why, when the Stowupland village web site was created, Telstar was included. Dave Pring runs this site for us and I asked him for some facts and figures as a comparison. The site usually receives about 240-260 "hits" a month; it is interesting to note that, when Telstar was not published in June/July 2020 because of Covid 19 restrictions, the monthly average went up by 144%. My thanks to Dave for the updated information.

This is the Telstar the story so far; if my maths is correct that makes 58 years of unbroken service to the residents of Stowupland. Thanks are expressed to all our editors, committee members, contributors, advertisers and deliverers, past and present. Without their efforts we would not have the magazine we have today. Long may it continue.

*Jerry Voden, Telstar Committee.*

# SUDOKU PAGE ANSWERS

## Solutions for page 25

1

4	5	3	7	6	9	2	1	8
7	1	9	4	8	2	3	5	6
2	8	6	5	3	1	7	4	9
9	3	5	1	2	6	8	7	4
8	7	1	3	4	5	9	6	2
6	4	2	9	7	8	1	3	5
5	2	8	6	1	3	4	9	7
1	9	4	8	5	7	6	2	3
3	6	7	2	9	4	5	8	1

2

3	1	9	8	5	2	7	4	6
2	7	4	6	1	3	9	8	5
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7	9	5	3	8	6	4	2	1
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6	4	1	2	9	5	3	7	8
4	5	7	9	6	8	2	1	3
9	8	3	1	2	4	5	6	7
1	2	6	5	3	7	8	9	4



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# THE TELSTAR TEAM

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**Business Advertising** - Sally Wray - adverts.telstar@hotmail.co.uk - 01449 676612  
Businesses with a Stowupland connection can advertise at very reasonable rates.

**Diary Dates** – Neil Langridge – neil@stowman.plus.com - 01449 616275  
To let the village know the date and venue of your event contact Neil to be included in the diary dates.

**Distribution Co-Ordinators** – Keith and Cathy Welham – 01449 673185  
Colin Vickridge and Keith Welham are our proofreaders and Jerry Voden chairs meetings of our team. The entire team are unpaid volunteers.

Telstar is distributed by a team of volunteers who deliver the magazine to over 1,100 homes in Stowupland. The magazine is produced every month, with the exception of December and January, which is a combined copy that gives our trusty team of volunteers a well-earned Christmas break!

Telstar is funded by grants from Stowupland Parish Council and Mid Suffolk District Council as well as income from business advertisers.

**Telstar – for the community, by the community.**

## **From the Telstar Committee**

Please note that the opinions expressed in letters and articles are not necessarily those of the Telstar Committee. We cannot be held responsible for the accuracy of material submitted for publication. We reserve the right to include, edit or amend as we think appropriate. Telstar is produced in good faith but errors or omissions may occur during the process of production. If this is the case, please let us know so that errors may be corrected.

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# COVID-19

## Queuing up? Spread out.



Around 1 in 3 people who have Covid-19 have no symptoms and are spreading it without knowing, so keep a safe distance.

Let's take this next step safely.

