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Telstar

STOWUPLAND NEWS





Chairman's Column

Keith Welham, Stowupland Parish Council

When I wrote last month's article, we had not been given the date for the public inquiry into the refusal by Mid Suffolk District Council of planning permission for the 190 houses on land between Gipping Road and A1120. I feared that the delay might be because Gladman and the landowners were about to submit a new application and we were, within days, not only given the date for the inquiry but we also received from MSDC notice that they had received a revised application. The Public Inquiry is set to start at the end of April next year and it may run into May. MSDC wrote to every household which submitted comments to the application to inform them. In due course the Parish Council will need to discuss with Mid Suffolk planners how we in Stowupland can assist MSDC at the inquiry. Nothing useful can be done at present and the Parish Council is devoting its efforts toward responding to the new application.

It is important that we all recognise that the new application is just that – a completely new application. Its reference number is 3112/15 and the drawings and other documents can be viewed on the MSDC website or at the Needham Market office. In some ways the new application is similar to the earlier one. It is on the same area of farmland and has been made on behalf of the same landowners by the same company. Much of the suggested layout of estate roads is the same and many of the documents submitted are very similar. But there are significant differences, notably only one access into the estate is proposed and that is from A1120. Whilst this means that there will be no extra traffic on Gipping Road (except perhaps during construction which could be phased over a number of years), if the new houses are built and occupied, all the traffic from the development will come out on to Church Road and much of it will travel towards Stowmarket or the A14. Tree planting is proposed for the Gipping Road end of the site in response to concerns expressed before. I leave each individual to decide whether or not this extra vegetation makes the proposal acceptable in terms of its effect on the local landscape.

If you commented on the previous application, the comments you made will not be taken into account in respect of the new application and it is not sufficient to write to MSDC stating that your comments on the new application are the same as for the previous application. It is best to base your comments upon the effects the development will have on the area and whether or not the proposals are in line with local planning policies.

The Parish Council arranged a public meeting to view the submitted

documents and make comments on the proposal. As I write, leaflets are being delivered to every household in the village to inform residents of the application and the public meeting. I am sure the barn will be full and there will be a lively discussion. If you have not already sent your comments to MSDC, please do so. By all means copy your comments to the Parish Clerk and to me. At their meeting on 8 October, the Parish Council will decide what comments they wish to make and the response will be based upon the views expressed by residents at the public meeting. Although this and every Parish Council meeting is open to the public to attend, only Parish Councillors have a right to speak, so let us have your views before the meeting.

I would like to thank Claire for completing a lot of extra work very speedily and efficiently and the many volunteers who delivered leaflets around the village. Posters stating objections to the proposal have also been provided (using funds agreed by the Parish Council on 8 January) and distributed. This is all extra work on top of everything else Claire does. I am sure that I speak for most, if not all, residents when I say that it is very much appreciated.

The preliminary result for the Walkers Cup is a win for Stowupland. Paula recorded 42 walkers leaving The Retreat, calling in at Old Newton Sports and Social Club and returning to Stowupland, compared with 29 walkers from Old Newton. Roger Stearn says that he will be recording only sponsorship forms that have been fully completed, including a list of sponsors and amount donated. I have argued that the purpose of the contest is for each village to get as many walkers as possible and to raise money for charity, and Stowupland are clear winners. I hope that he will agree and concede defeat. We will then arrange a presentation evening. Let's hope it doesn't take Old Newton as long to find the trophy this year as it did the last time we won it.

Just a reminder: Parish Council meetings are held in the village hall meeting room starting at 7.30 on the second Thursday of every month. They are open to the public to attend and anyone who wishes to speak on a particular topic will usually be given an opportunity to do so. The Council have decided that, from January 2016, council meetings will be held in the hall at the URC because it is larger than the meeting room at the village hall and has access to a small kitchen and toilets. Finance and Policy meetings will, from the same date, be held in the village hall meeting room as numbers attending are much smaller.

Keith Welham



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District Councillor's Report

Keith Welham

September 2015

Mid Suffolk District Council has agreed a Members Award Scheme. Each ward member has been allocated £5,000 which will be available to assist projects within their wards.

I would like to hear from groups and individuals within Stowupland who could benefit from some financial assistance for setting up a new community project or extending the work of an existing community group. The applicants will need to show how the funding will benefit the local community within one or both villages. MSDC will be promoting the scheme and bids for funding may be made direct to the council. However, I recommend that, if you are looking for a share of the award, you contact me first.

There has been little progress on the review of accommodation for Babergh and Mid Suffolk Councils. Suffolk Councils are preparing a bid for devolution of services from central government. This could delay a decision on where the two councils' joint office could be. There is a real fear that they could decide to co-locate in Ipswich. My personal view is that a shared office should have easy access to public transport and the major road network. With a mainline station and access to A14, the obvious choice seems to be Stowmarket. Such a move would boost our local economy whereas a move to Ipswich would have a detrimental effect.

You may have seen press reports recently about the cash reserves held by MSDC. Babergh and Mid Suffolk have set aside a huge sum of money to bring about 'transformation' as services provided by the two councils are integrated; much of that money is still unused. Green and Liberal Democrat Councillors are urging the Conservative administration to allocate some of this money to get the council back on track in areas where they are failing, not least in the allocation of land for housing. It is vital, if we are to avoid unsuitable developments, that the council becomes more pro-active by identifying suitable sites and encouraging sustainable development, including affordable housing.

I know that most Stowupland residents are already aware of the new planning application for 175 houses on a large area of farmland extending between Church Road and Gipping Road. To find out more, the application (3112/15) can be viewed on the MSDC website or at the Needham office. If you wish to make a representation to MSDC, please try to let them have your views by 9 October. The Public Inquiry to hear the appeal against the grant of permission for the previous application is planned for April/May next year. Unless it is withdrawn, you may wish to write to the Planning Inspector nearer to the inquiry date. But first it is vital that you let the District Council have your views on the new application.

Keith Welham

District Councillor for Stowupland Ward

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Parish Council Report

from Sandy Smith

The evening opened with the usual matters of report from previous meetings. The Chairman reported that Mr Canfer will undertake the work on the small goalposts on The Green when he returns from his holiday. 2 further footpath signs have been replaced and there are only 2 more to be erected in the orchards near Mill Street. It is hoped that Bosch will be able to continue with the hedge cutting along the boundary of the school with The Green once the manager of the team returns from Germany. The grass contractor found that his heavy-duty mower would not cope with the area already cleared by Bosch and it will require a flail type machine to make the initial cut. A work party has been formed to cut back the re-growth of brambles around The Green. The Clerk reported that following a meeting with the owner of The Retreat last month, work is underway in replacing the 'sleeping policeman', shorten the posts and paint them white with reflectors attached and make good the entrance to the pub. The new notice board has been erected in the cemetery and the notices will be added shortly. Claire has also contacted the new business manager at the High School regarding the risk of flooding from the ditch close to Steeple View and although she has only just taken up the post, it is hoped for a meeting to discuss this further very soon. The Clerk has reported the weeds at Maple Road on the SCC portal but at this time SCC does not feel that any action is necessary but will continue to inspect and will carry out works in the future if they feel it is necessary. The work on the new cemetery gates is due to start in November. Claire also reported that she is still working on compiling the information necessary for the various companies to quote for the survey of trees in the cemetery.

In the public forum, Mrs Bloom advised that the road repairs required in Rendalls Lane had still not been completed. The Clerk confirmed that this was still showing on the SCC portal.

It was agreed that the Parish Council should enter into a new long-term agreement with their insurance company in order to secure a 5% discount in premiums.

A new flyer is currently being distributed to all Stowupland residents outlining details of a new Gladman application for outline planning permission for 175 properties in Stowupland in place of the original application for 190 properties and inviting residents to a public meeting to be held at Columbine Hall Barn on 23 September. As this is a new planning application with a number of amendments, any resident who wishes to either object to or support this new application will need to submit fresh comments to MSDC before 8th October. A press release on this new planning application is being sent to the East Anglian Daily Times and Bury Free Press.

The Allotments sub committee reported that there are currently five vacant



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plots available and following a recent inspection, letters have been sent out to some tenants. The Community Events sub committee advised that Bingo evenings have been organised for the last Fridays of September, October and November and a Community Quiz for 20th November. The Finance and Policy committee reported that the annual return has been approved and accepted, that the allotment fees percentage increase as set in 2013 would remain in place. It was also agreed that as from January they would hold their meetings in the small meeting room at the village hall and that the Parish Council would move their meetings to the URC church hall. The Transport, Traffic and Safety sub-committee will hold their next meeting on 29th September. The Cemetery and Churchyard sub-committee will hold their next meeting on the 17th September when they will discuss their new policy which, once ratified, will be implemented over a period of time allowing users of the cemetery to make the necessary changes to their current practices. The Environment sub- committee will be arranging a litter pick on 17th October with all participants meeting at the Village Hall at 10am. The Neighbourhood Plan working group have been making plans for a forthcoming stall at the Freeman School and working on a new questionnaire to gain residents' views. There were a few hiccups in the collection of the last questionnaire that will need to be better co-ordinated the next time and arrangements will be made for this to be completed online for those that wish to do so. At a recent meeting they had guests from MSDC who agreed that information on past land bids in the village would be useful in identifying suitable parcels of land for future development.

It is to be requested that a member of the Play Park sub- committee should attend the next Parish Council meeting.

Councillor Bruce advised that the proceeds from the bottle bank at The Crown will be coming to the Parish Council. She was also concerned about the volume of container and curtainsider HGVs using Saxham Street that may or may not have the necessary permits. This is to be referred to the TT&S sub-committee to follow up. Councillor Jennings was concerned about the low level of the water in the pond by The Retreat. She was advised that this was something that happened every summer and was a reason why no fish should be placed in this pond as they would not survive for lack of oxygen. She also reported that she has secured a domain for the website and may be able to secure a second domain if one that is currently up for renewal becomes available. She stated that she was still in the design stage of the website. Councillor Hamilton was concerned about the number of bottles lined up by the bottle bank at the Village Hall recently but was pleased to hear that the bottle bank has now been emptied.

SCC Councillor Green reported that the Council had been working with all District and Borough Councils in Suffolk to submit a devolution plan to the Government. They had looked at linking up with neighbouring County Councils in order to give a co-ordinated response but felt that these Councils had their own ongoing issues, which would not be helpful. They have also been working on future budgets and need to identify further large savings over the next 2 years. He is still chasing Kier about getting the 'gateway' to the village installed

and re-positioning the '20's plenty' sign from outside The Crown. He was also advised that The Crown had been refused a 'brown tourist sign' by Highways. The vehicle activated speed sign has still not been erected and the crack down the middle of Thorney Green Road has worsened over the 2 years since it was first reported to SCC and will cause severe problems should the frost get into it. A similar crack in the road between the Post Office and the cottages along Gipping Road has also been reported. See separate entry in Telstar for the District Councillors report.

The Police submitted a report in their absence. During the last month there has been 4 crimes reported although one did not wish the matter to be pursued. Of the 3 remaining, one was for a threat to commit criminal damage with a suspect identified and being dealt with, one was for criminal damage to some ornaments outside the Freemans Pre-School and this is still ongoing and the final one is for an assault causing actual bodily harm within a domestic setting. Due to a cut in resources, the Stowmarket Safer Neighbourhood Team will no longer be routinely holding their priority setting meetings. Should a particular concern necessitate a public meeting then these will be held and one of such meeting relating to anti-social behaviour will be held at Stowmarket Town Council Offices on 20th October at 10am. It is also envisaged that due to time constraints, the number of times that the police will be able to actually attend Parish Council meetings will also be severely curtailed but the reports will continue to be submitted.

Correspondence received included requests from the URC for parking permission on the Green for the 4th and 26th October and these were agreed. Jamie Baalam from MSDC reported an incidence of rat infestation in the ditch at Thorney Road/Maple Road area but it was felt that this is a normal occurrence at this time of the year throughout the village. A resident who is involved in the SOS campaign has requested that the Parish Council arrange for further supplies of posters to be printed in respect of the new Gladman planning application. It was agreed that an amount of up to £100 would be allocated from the original 'fighting fund' set up at the time of the first Gladman planning application and conforming to the same principles.

The meeting closed at 8.56pm.

Sandy Smith

	<p>Help Keep the Village Tidy Litter Pick Saturday 17th October 2015 Village Hall Car Park – 10.00 am Hope to see you there!</p>
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Parish Clerk News

At the last Parish Council meeting it was agreed that from January 2016 the full Parish Council meetings will be held in the URC Church Hall. This will allow me to arrange the members as such that they can all sit round a table. This will provide them with the opportunity and ease to take notes. For those of you who have attended a parish council meeting I am sure you will agree that at times it can be difficult to hear, with the current configuration of the meeting room.

With the above change to the Parish Council meetings we will then be holding our Finance and Policy meetings in the meeting room of the Village Hall.

They say that a change is as good as a rest; we will have to see if that is the case.

All residents are welcome to these meetings. I hope to see some of you there!

QUIZ NIGHT

STOWUPLAND VILLAGE HALL

FRIDAY 20 NOVEMBER

Doors open 7.00 pm

Quiz starts 7.30 pm

£2 per person

Teams of up to 6 people

Please bring your own drink and nibbles

**To enter a team please ring Keith on
01449 673185**



September Meeting

It was a great pleasure to welcome Sheila M Wright again and to hear more from her collection of memories of older Drinkstone residents, who recalled not only their lives but those of their parents and grandparents. We heard about the man who would pull both his horse and cart when the horse got tired, and about the pranks of school boys; most significant, however, was the huge gap between the lives of the rich and the poor. There was a rigid class system in the countryside of the past. While the rich lived comfortably, accumulated titles, took advantage of modern inventions and were the employers, the poor struggled to pay their rents. Cottages were often in very bad repair and working lives were long and hard, continuing into old age. It was a proud thing to be able to save enough to buy a cottage: however tumbledown, it saved the owner from alms houses or the workhouse.

Sheila's talk was greatly enjoyed and was an inspiration to us to continue the work of collecting memories of village life.

Neil's Notes

The Stowupland Churchwarden's account book kept at Suffolk Record Office Ipswich (FB215/E2/1) has written on its first page "Stowupland Churchwardens Book Began Easter 1803".

However the first few pages list the parish officers from 1794 so these must have been copied from another written list or from memory.

The Parish officers were chosen every year from the prominent residents of the parish. In 1794/5 those listed were -

Churchwardens	James Poole Pearl Cross
Overseers	Robert Revans William Southgate
Surveyors	John Boby John Mullinder
Assessors	Philip Beard Simon Codd
Constables	Henry Carter William Wells
Sidesman	Samuel Smith Dennis Spooner

The overseers were responsible for collecting the poor rate and allocating relief for the poor of the parish. Surveyors had the duty of maintaining the unsurfaced roads and supplying workers to fill potholes with flints gathered from the fields. Assessors assessed the poor rate and constables were responsible for peace keeping.

Sometimes the same people would serve for more than one year. Dennis Spooner served as sidesman, responsible for greeting the congregation, overseeing seating arrangements in church and taking the collection, from at least 1794 until 1836 when he was aged 82. He lived in Old Newton and worked for 63 years on Charles Bobby's farm in Stowupland.

The most arduous and time consuming of these posts was churchwarden, responsible for day to day maintenance of the church, paying for work done, keeping accounts and liaising between the laity and the minister. Of the two who were churchwardens for 1794 James Poole was a Stowupland farmer; his farm still known as Pooles Farm today. Pearl Cross (male!) owned the water mill on the Stowupland bank of the river Gipping. Although the office was voluntary, anyone with any standing in the parish would be expected to take their turn. A yearly allowance was given to cover expenses and as a recompense for time spent.

Of course Stowupland was without its own parish church until 1843 before which the parishioners used Stowmarket Church so all bills connected with the maintenance of that church were shared between the two parishes. It is likely that the people of each parish sat on either side of the church and entered by separate doors. However Stowupland was a separate parish with its own parish officers.

Some extracts from the book will illustrate the churchwardens' duties and the day to day life of the church.

Regular payments were made to an Isaac Bocking who was sexton, responsible for the cleaning of the church and churchyard.

1804/05

"I. Bocking for brushing and whitewashing the church 7 shillings."

Isaac died in 1838 and had been sexton for 45 years.

Another recipient for regular payments was Martin Enefer who was the Parish Clerk. At this time the office included keeping the registers and often acting as a witness at marriages.

His gravestone in the churchyard reads -

"Martin Enefer, upwards of 59 years clerk of this parish. Died 22 November 1818. Aged 81"

Before him the parish clerk had been a Samuel Enefer from at least 1733 and Martin was succeeded as clerk by Robert Enefer. So this family served in the post for over 100 years.

Robert's entry in the burial register reads -

"1st January 1847. Robert Enefer. A parish Clerk for 30 years died on Christmas Day as the bells rung for church."

Talking Point

We asked whether Stowupland has a karnser – and indeed it does! Our karnser, marked as an earthwork on the larger scale OS maps, runs diagonally across the 'half a mow' area, on a line joining Green Farm and Oak Farm. 'Karnser' or 'carnser' are old English words meaning an edge, border, or raised roadside strip (as in town) or a causeway across marshy ground (as in the village). What we see of our Karnser is presumably just a remnant of the original. Maps of the late 19th century show a footpath following the line.

For our next 'Talking Point', The Crown is now beautifully restored and has re-opened. What are the origins of its name?

IPscene As well as appearing on the village web site, our group is now also listed on IPscene, a free community website for the area IP1 – IP17. It lists a huge range of events, including many local history ones. See <http://ipscene.co.uk>

Facebook The group now has its own facebook page. Many thanks to Kim Jennings for setting the page up.

Programme

Oct 7th *'Suffolk at the Time of the Plague' by Pip Wright*

A look at the various visitations of bubonic plague in this county, with special reference to Ipswich in 1665.

Oct 28th *Traditional Music with Shipshape*

Our special fund-raising event this year will be a musical evening with Shipshape, including traditional local songs and tunes with jig dolls and an introduction to the history of many instruments: dulcimer, fiddle, concertina, melodeon, cello, mandolin banjo and guitar. There will be an interval with refreshments and a raffle. The single admission charge will be £5, payable at the door.

Nov 4th *'Entertainment in Elizabethan England' by Sarah Doig*

An exploration of the various forms of entertainment in Elizabethan England including music and dancing at court and on the village green, what the common man got up to in the inns and taverns of the time, the genteel games played indoors and outdoors by the nobility and how all levels of society came together in the theatre.

We meet at 7.30pm, in the Village Hall. Visitors are always welcome and refreshments are available. Except on 28th October, admission is £1 for members, £3 for non-members. We look forward to seeing you.

STOWUPLAND
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GROUP



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**A MUSICAL EVENING
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Wednesday 28th October

7.30pm

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A Suffolk based group of players who provide an evening of entertainment with local and traditional songs and tunes.

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Refreshments

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The Curate's Letter

Revd Chris Hood

Holy Trinity Church.

Greetings from your curate.

The school summer holidays are fast fading into the memory and the new term has begun as I write this article. As a family we headed to Yorkshire to experience the beautiful expanses of the moors, the joy of a journey on the North Yorkshire Moors Railway and the freezing temperatures of the North Sea. It was a time for the four of us to spend time together away from the busyness of our lives here in Suffolk. The fact that the phone signal left us impossible to contact for large periods of time and the slow internet meant we all talked to each other far more than we probably had for the previous six months.

On returning I resolved to spend more time talking as a family – knowing that it wouldn't be exactly the same, however hoping that we would give more time to each other. Well a month later I can report that it hasn't been too bad. Of course returning to work, a better phone signal and faster internet connection has led to far more distractions, but I have tried harder to make time to talk with those closest to me.

I love technology and the way that it helps me, but I guess I'm not alone in wanting for it not to infringe on my every moment. To make time to talk to those closest to me without the interruption of a beep of my phone seems a reasonable desire. Yet I can't go back to a time before this technology and I'm not sure I would want to. So I have to make time, to be deliberate in creating space to simply be with those I care about most.

Over the course of the summer, since starting as a curate I have been thinking about how I spend my time and how much time I give to spending time with God, in prayer, study and worship. In our busyness there is a danger for all of us that we try to fit these things in after we have done everything else. Yet the Bible urges us to "Seek first the kingdom of God." I encourage each of us to do this. Get the important things in our life first and allow these to shape all that we do.

Revd Chris

Holy Trinity Church

Vicar: Revd David Swales Tel: 01449 675503
Curate: Revd Chris Hood Tel. 01449 677257
Churchwarden: Mrs Ann Doubtfire Tel. 01449 770363
Mrs Sue Hayter Tel. 01449 613710

Church Email: holytrinityuk@hotmail.com



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Services in September 2015

Oct	4th	10.30am	Harvest Festival Service at the URC (No morning service at Holy Trinity) 4.00pm 1st @ 4 Service – church with a difference!
Oct	11th	9.30am	Morning Worship & ✧ Trinity Starz ✧ 6.30pm Evensong (B.C.P.)
Oct	18th	8.00am	Holy Communion (B.C.P.) 9.30am Morning Prayer (B.C.P.)
Oct	19th (Mon)	10.30am	Songs of Praise at Steeple View - <i>All Welcome!</i>
Oct	25th	9.30am	All-Age Family 'Shoebox' Service and Baptism 4.00pm Annual Memorial & Thanksgiving Service

(B.C.P. = Book of Common Prayer)

A PRAYER FOR THE BEREAVED:

Grant, O Lord, to all who are bereaved, the spirit of faith and courage, that they may have the strength to meet the days to come with steadfastness and patience; not sorrowing as those without hope, but in thankful remembrance of your great goodness in past years, and in the sure expectation of a joyful reunion in the heavenly places; and this we ask in the name of Jesus Christ our Lord. Amen.

FAMILIES!

Please come along to the '1st @ 4' SERVICE on Sunday, 4th October at 4.00pm and enjoy 'Church With A Difference' (with some snacks afterwards)!

Also, we welcome all families and children to our Morning Worship Service along with Trinity Starz on Sunday, 11th October at 9.30am and please do stay and have FairTrade refreshments with us in the hall afterwards!

Holy Trinity Church (continued)

STEEPLE VIEW:

The residents warmly invite you to join them for their Songs of Praise Service at Steeple View at 10.30am on Monday, 19th October and which is followed by a short Communion for those who wish to stay.

CHURCH GIFT DAY:

The time-honoured tradition of the annual Church Gift Day is approaching. This is on Saturday, October 10th from 10.00am to 12 noon, when the whole community is invited to help with the upkeep of the structure of their local parish church.

Whatever the amount, the Church Council is extremely grateful for financial assistance to protect, repair and maintain Stowupland's lovely church and make it welcoming and available for baptisms, weddings and funerals, as well as social events and Sunday services.

Your donations will be put towards the ongoing challenge to repair and maintain this unique Victorian Church as we receive no help with maintenance from any other source. Our priest, the Revd David Swales will be at the Church Hall to welcome you, receive your gift envelopes and help serve you refreshments. We thank you for your help and interest. (see back page)

PLOUGHMAN'S LUNCH:

How would you like to partake of an appetising lunch in congenial company, and with no washing up afterwards? Then why not come to the ploughman's lunch in the Church Hall on Tuesday, October 20th from 12 noon. You will not be disappointed.

BEETLE DRIVES:

Come along to enjoy a chat and have some fun in congenial company at the Beetle Drives which will be held on Tuesdays, 6th and 27th October in the Church Hall. All are most welcome to join us!

WEEKLY COFFEE CHURCH:

Holy Trinity Church has an Open Church & Social Session from 2pm to 4pm each Wednesday. Come on in and enjoy your Parish Church, for a free cup of tea/coffee and a chat in the Church Hall, or to wait for children coming out of school, maybe for a quiet prayer, or just to enquire about church activities etc.

FOOD BANK BOX:

If you would like to donate items for the Food Bank to help those in need of a helping hand, we now have a box at the back of the church for you to leave your items. Thank you!

CHURCH HALL BOOKINGS:

Our well-appointed Church Hall is available for your party, meeting or function. For bookings or for further information, please contact John & Ann Parsell on tel. 01449 672592.

CHURCH 100 CLUB:

Congratulations to the following winners of the September Draw;

1st No.107 Mr G Doubtfire: 2nd No. 32 Mr J Finbow:

3rd No. 16 Miss J Stanford

PARISH REGISTERS

BAPTISMS

We welcome into the family of Christ's Church:-

30th August - Ella Meadows

WEDDINGS

Our congratulations to those who have
recently married:-

15th August - Duane Gladden & Amanda List

Telstar is also available as a link on the Parish Council website:

www.stowupland.org

CLUB CONTACT DETAILS

Book Group:	Patricia Hodgkins	01449 672127
Baby and Toddler Group:	Liz Purnell (Email liz@rlmuk.co.uk)	07810 442424
Bowls Club:	Susan Boorman	01449 614673
Country & Western Dance:	Winston & Janet Adams	01206 501866
Dance Club:	May & Paul Durham	01449 672601
Local History Group:	Marion Harris	01449 770895
Short Mat Bowls:	Pam Fayers	01449 770080
Sprts & Social Club:	Mark Campbell	01449 614390
W. I.	Judy Clarke	01449 615386
Community Events	Keith Welham	01449 673185
Mobile Library:		07721 879855

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Stowupland Bowls Club

Sue Boorman

The playing season has now come to an end but since the last report we have held several events.

On Bank Holiday Monday, 31st August 2015 we celebrated our 40th anniversary with past and present members. The weather was more than inclement but 30 people attended participating in tea and bingo.

On the 12th September the club hosted the Stowmarket League Competition semi-finals and the finals were held at Needham Market on Sunday 13th September. The Tuesday afternoon teams reached the final of the Thurlow Shield but lost to Great Barton by 6 shots.

The club competitions were held on Saturday 19th September and this was the last day of bowls for this year, the green opens again in April 2016. Events will be held during the year, dates to be advised

Sue Boorman Secretary 01449 614673

In aid of the The Children's Society

**Phone 01449 614003 (Home)
07900640441 (Mobile)**

We are grateful for all donations whether they are clothes/shoes or bric-a-brac you no longer need. Unfortunately we had to close the furniture warehouse down, we could not get volunteers to run it on a regular basis; we are restricted to taking small furniture which will fit into the shop

**Shop opening hours
Monday to Saturday 10am to 4pm.**

Countryside Rambler

Brian Ward

This month has been as busy as the last for my wife and myself, we have been back to Rutland Water to watch the Ospreys before they migrate on their long journey. Both the adults and the young were at their nest site at Manton Bay. One youngster was exceptionally noisy as its brother would not share a fish with it. While on the subject of Ospreys, I have been watching an un-ringed adult bird feeding at lakes along the Redgrave Fen Valley; it stayed for about a week and then went on its way. Many of our summer visitors are preparing to leave us as they travel to Africa on their migration. The Swallows and Martins are gathering in flocks and most of the Warblers have already gone, let's wish them a safe journey.

We have visited lakes as far afield as Boston Lincs and at one complex of man-made lakes I was amazed at the Water Vole population and how tame they were. These fat faced dark brown voles remind me of Guinea Pigs facially and are fascinating to watch as they go about their daily lives. We have been along our usual route from Nun's Bridges at Thetford and walked upstream to Nunnery Lakes, this area is controlled by the B.T.O. Kingfisher and Otter are often observed along this stretch of river. If you enjoy walking beside a river then go to West Stow Saxon Village and walk down to the river. Most of the paths are in good order and flat. Follow the river downstream and you will come to West Stow Lake, the lake often has Grebe and Goosander also several species of duck. Circumnavigate the lake and return to the cafe for a slice of cake and liquid refreshment. Whilst there keep an eye on the bird feeders as Nuthatch, Greater Spotted Woodpecker and Marsh Tit and many other species are attracted out of the woods along with the squirrels.

It is the time of year to go on a fungi foray, many organisations hold these and my favourite area is Brandon Country Park with its pine and deciduous trees. There is heathland nearby also and it throws up some fascinating fungi of all types and colours. There is also a cafe and toilet on site and I have noticed quite a few off road cyclists around so there must be some good tracks if you enjoy this sport.

My wife and I enjoyed a city ramble recently in the company of my wife's brother and his wife. We enjoyed a cruise on the upper Thames near Windsor Castle; the weather was good and included in the package was high tea with almost too many cakes to eat, "Yum". A fair amount of wildlife was seen during our time afloat, mostly waterfowl and a distant red kite, a very enjoyable day out.

Our last outing was to Oxburgh Hall near Swaffham this is run by the National Trust, the hall itself is steeped in history and is surrounded by a moat, you even have access to the roof to admire the view of the gardens and woodland and even the nearby river. The river holds fish such as, Rudd, Pike and even Rainbow Trout. On a last note, we all love apple and

blackberry crumble, well when picking your blackberries remember all the other creatures that rely on this prickly bramble. To start with, many caterpillars eat the leaves, butterflies, bees and many more insects feed on the flowers and when ripe the berries are food for mice and many birds. The bramble bush itself is a popular nest site for many of our Warblers and Finches; finally, it serves as cover and sanctuary for our other friend the Hedgehog and other mammals.

I cannot believe autumn is almost upon us, where has the summer gone!!

Brian Ward.

Coffee Morning

At Stowupland URC Chapel

Friday 30TH October 10am-12noon

Coffee/ Tea and Cakes



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October Dates

Thus	1	Short Mat Bowls	7.30pm	Village Hall
Sat	3	Family Fun Day	2.00pm	The Retreat
Sun	4	Country & Western Dance	7.30pm	Village Hall
Mon	5	Afternoon Fellowship	2.00pm	URC Chapel
Mon	5	Dance Club	7.30pm	Village Hall
Tues	6	Coffee Morning	10.00am	Jubilee Court
Tues	6	Beetle Drive	2.30pm	Church Hall
Wed	7	Baby & Toddler Group	9.30am	Village Hall
Wed	7	Book Group	2.00pm	
Wed	7	Open Church	2.00pm	Holy Trinity Church
Wed	7	Local History Group	7.30pm	Village Hall
Thurs	8	Parish Council	7.30pm	V.H. Meeting Room
Thurs	8	Short Mat Bowls	7.30pm	Village Hall
Sun	11	Country & Western Dance	7.30pm	Village Hall
Mon	12	Dance Club	7.30pm	Village Hall
Tues	13	TELSTAR DEADLINE DATE for November issue		
Tues	13	Mobile Library	9.30am	Jubilee Court
Tues	13	Mobile Library	9.55am	The Green
Tues	13	Coffee Morning	10.00am	Jubilee Court
Wed	14	Baby & Toddler Group	9.30am	Village Hall
Wed	14	Open Church	2.00pm	Holy Trinity Church
Thurs	15	P.C. Footpaths W.G.	7.30pm	Church Hall
Thurs	15	Short Mat Bowls	7.30pm	Village Hall
Sun	18	Country & Western Dance	7.30pm	Village Hall
Mon	19	Afternoon Fellowship	2.00pm	URC Chapel
Mon	19	Dance Club	7.30pm	Village Hall
Tues	20	Coffee Morning	10.00am	Jubilee Court
Wed	21	Baby & Toddler Group	9.30am	Village Hall
Wed	21	Open Church	2.00pm	Holy Trinity Church
Wed	21	Neighbourhood Plan W.G.	7.30pm	URC Chapel
Wed	21	W.I. – IRIS cards (Christmas themed)	7.30pm	Village Hall
Thurs	22	Short Mat Bowls	7.30pm	Village Hall
Sun	25	Country & Western Dance	7.30pm	Village Hall
Mon	26	Dance Club	7.30pm	Village Hall
Tues	27	Coffee Morning	10.00am	Jubilee Court

Tues	27	Beetle Drive	2.30pm	Church Hall
Wed	28	Open Church	2.00pm	Holy Trinity Church
Wed	28	Musical Evening with 'Shipshape'	7.30pm	Village Hall
Thur	29	P.C. Finance & Policy Meeting	7.30pm	URC Chapel
Thur	29	Short Mat Bowls	7.30pm	Village Hall
Fri	30	Coffee Morning	10.00am	URC Chapel
Fri	30	Community Bingo	Doors open 7.00pm	Village Hall

If you wish to attend one of the events listed, and would like help with transport, please contact Good Neighbours on **07591 539621**

November Dates

Sun	1	Country & Western Dance	7.30pm	Village Hall
Mon	2	Afternoon Fellowship	2.00pm	URC Chapel
Mon	2	Dance Club	7.30pm	Village Hall
Tues	3	Coffee Morning	10.00am	Jubilee Court
Tues	3	Beetle Drive	2.30pm	Church Hall
Wed	4	Baby & Toddler Group	9.30am	Village Hall
Wed	4	Book Group	2.00pm	
Wed	4	Open Church	2.00pm	Holy Trinity Church
Wed	4	Local History Group	7.30pm	Village Hall
Thurs	5	Short Mat Bowls	7.30pm	Village Hall

Future Events in 2015

Nov	14	Jumble sale	2.00pm	Village Hall
Nov	27	Community Bingo	doors open 7.00pm	Village Hall

Diary Dates

Contact Marion by email: marion@astronomer.plus.com or Tel: 01449 770895

For contact details for clubs / groups etc. See page 19



October Update

As I write this, just before the deadline, we have seen the new application from Gladman, this time for 175 houses with one access onto Church Road, and been notified of a public meeting at Columbine Hall barn. This is on top of the appeal that Gladman have submitted to the first application. So, as well as trying to work out who to write to, and what to write, we are trying hard to carry on with gathering evidence for the Neighbourhood Plan.

It seems ironic that the opportunity to do a Neighbourhood Plan has been given to us with one hand (through the Localism Act), but the ability to determine how much growth we want and where it should go in the village may be taken away from us by predatory applications like the Gladman ones. The reason developers (and landowners) are doing this around the country is the Government's drive to make house building easier. National planning policy trumps localism unless the community has cleared the final hurdle and has a Neighbourhood Plan in place, or is very nearly there.

The appeal into Mid Suffolk's refusal of the first application will be heard by an independent Inspector at the end of April/beginning of May next year. If the second application is refused by Mid Suffolk the Inspectorate may agree to consider the second application instead of the first one. This means that if the Neighbourhood Plan is to hold any weight at all we must have submitted it to Mid Suffolk for their consideration (and six week period of consultation) before the public inquiry starts. This is a tall order.

Volunteers on the Neighbourhood Plan Steering Group will be working hard during October to get a questionnaire prepared, printed and delivered. We also need to commission an independently run Housing Needs Survey. All of this is part of what is known as the "evidence base".

We need evidence to back up what we say in the Neighbourhood Plan. We are considering carrying out a character area appraisal so that we can demonstrate why we want a policy to protect the character of the village. We will also gather all the information available on various websites to show the wildlife and environmental qualities; history, heritage and conservation; agricultural land classification; employment; traffic and transport issues; etc. One of the most important pieces of evidence will be to show how we have engaged the community in preparing the plan. We've made a good start with the drop-in day and Fun Day Sunday in July, and by being at the Freeman 150th Celebration on 19th September.

We intend to keep up the pace, and continue to keep you informed and involved in all the preparation and plan drafting, and we will be bringing the

display material on the Neighbourhood Plan to various groups and meetings in the village during September and October.

If you care about your village and community, and want to be part of the Neighbourhood Plan we would be very pleased to see you and/or hear what you can contribute. Please contact me if you want to come along to one of our Steering Group meetings, or if you think you can help us in any other way jw@jwplanning.co.uk 07747840419

Jackie Ward

Stowupland Neighbourhood Plan Group

In aid of “The Children’s Society”

For the past few years we have run our charity shop in aid of the NSPCC, however, as we have now started our second lease of 3 years we have decided to change our focus and now support “**The Children’s Society**”. They are a smaller charity but do wonderful work for all children; you can look them up on Google. We hope you will continue to support us, your generosity and donations have been wonderful in the past 3 years, as well as shopping in the store. Your generosity will go a long way to helping these vulnerable children, which, I am sure, are very dear to our hearts. The shop is managed by 5 volunteers; there is no paid staff in the shop. Please check our advert for location and opening times.



COMMUNITY BINGO

ALL CASH PRIZES

FRIDAY 30TH OCTOBER

AT STOWUPLAND VILLAGE HALL

Doors open at 7.00pm Eyes down at 7.30

EVERYONE WELCOME
(OVER 18'S ONLY)

Hello everyone this is Sam chatting

I am writing with tired legs. I just walked all the way from the Retreat to Old Newton. And back! We were taking part in this year's Walker's cup. We haven't done it for the last few years. Jessica and I were too little to walk that far and too heavy to be carried. There isn't a pub at the other end any more so we got to visit the sports and social club instead. Mummy made me a treasure hunt to complete on the way back so I didn't notice how far it was. We also had sweets to help us along. Luckily we got back before the rain. We think there were more Stowuplanders this year than Old Newton walkers. That means we should have won the cup back. Yippee.

The Crown looks good, from the outside. Mummy and Daddy haven't taken us there yet. We have heard good things about the food. I think Mummy wants to try something from the wine list.

It is time for bed as we have school tomorrow. One last thing before I go. The world record spoof attempt I told you about last month has had to be postponed. I was excited but we will be doing it early next year instead. That means I get more time to practice and teach Jessica how to play too :)

Bye for now

Sam x



Stowupland W.I.

There was no members' meeting in September, but the committee had a get together to start planning the programme for 2016, where we try to get a variety of speakers and demonstrators. We shall continue with 2 competitions each month, one being a flower from the garden, which is judged by the members, who place a coin by their choice. The other competition, this year has been different materials, such as plastic, cardboard and pewter and is usually judged by our speaker. Points are awarded and the member holds the Joan Scarlett cup for a month. The points are accumulated and the member with the most points at the end of the year will receive the Linda Bewey salver to hold for 12 months.

Anyone interested in joining the W.I. may like to know that there is now a different policy regarding new members. Whereas before, whatever time of the year you joined, the full year's sub had to be paid, it is now pro rata - the full year, 9 months, 6 months or 3 months. Visitors are welcome to come to one of our meetings to get a taste, paying a fee of £3, the equivalent of 1 month's membership. See the diary dates in the Telstar or I can be contacted on 01449 615386 for further details.

WI OUTING

A Shopping trip to Camden market is planned for

Saturday, November 21st.

Depart from Stowupland at 8.30 a.m. and leave the market at 4.00pm

Coach fare max. £13 (based on 40 passengers)

Friends & family welcome.

If interested, please contact Judy Clarke (tel; 01449 615386)

Do you object to the Gladman Development?

If you didn't attend the meeting at Columbine Hall, I thought I should let you know what you need to do if you want to object to the proposed development on Church Road. There is still time! We have until 8 October to make our views heard. It is extremely important that we treat this application as a completely different project - all the letters we wrote before will not be taken into consideration. The developers seem to have made lots of adjustments to counteract the objections from last time, so there will be less for Mid Suffolk District Council to object to.

Please make sure that your views correspond with the changes in the new application: the one access point into the estate, 175 houses instead of 190, etc. Other issues such as schools, medical provisions, volume of traffic, wildlife and our village character will still be relevant though. Also, when commenting online, please remember to mark your entry as an 'objection', last time a few had forgotten to do this and their comments had been registered as neutral. So, if you feel strongly, please make it known before it's too late.

Obviously, if you believe that the development is a positive move for the village you can also write in!

Kim Jennings
Parish Councillor

CHRISTMAS SHOE BOXES

Once again this year we will be sending shoeboxes full of gifts for families living in abject poverty in Romania and Moldova, this year there are two options - A Family Box - OR - An Elderly Persons Box.

If you would like to fill a box you will find the necessary leaflets at the back of the church, (the church is open on Wednesdays from 2pm - 4pm), or if you can call me on 770363, for more information. The boxes must be returned to the church by **31st Oct.** Last year we sent over 90 boxes.

Hopefully this year we can do the same or even better. Thank you.

Ann Doubtfire - (for Holy Trinity Church)

FLU CLINIC

**NO APPOINTMENT
REQUIRED**

stowhealth
TOTAL HEALTH

There will be 3 Walk-in Clinics
on:

**Saturday 3rd October,
17th October & 7th
November**

8:30 am to 12:30 pm

For patients of **Stowhealth**
who are in the “at risk group”

You are in the “at risk” group if you are aged 65 or over or have:

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- Chronic kidney disease
- Chronic liver disease
- Weakened immune system
- Severe asthma (on a preventative steroid inhaler) or chronic respiratory disease
- Transplant patient
- Spleen removal
- All pregnant women
- Carers
- Chronic neurological disease (such as Parkinson’s disease, motor neurone disease, stroke and transient ischaemic attacks)

Children aged between 6 months and 13 years old and who are in the “at risk” group WILL REQUIRE AN APPOINTMENT.

All 2, 3 & 4 year olds are now eligible but will also need to make an appointment.

Please telephone 01449 776000 to make an appointment.

If you are not in the “at risk” group, or not a patient of Stowhealth, private flu vaccines are available at £10.00 per vaccine. Please attend the Walk In Clinics on the above dates.



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U.R.C. Chapel

*Minister: Revd Chris Wood
Telephone 01449 678173*

On 12th September it was so encouraging, even though it was a very wet start to the day, to see so many enthusiastic people of all ages, taking part in this year's Historic Churches Cycle Ride. The Chapel was open for signing in and refreshments. The support for this worthwhile cause is excellent. We were very fortunate to receive a grant from the Trust towards our recent alterations.

By the time you receive your October Telstar Magazine we will have held our coffee morning for Macmillan Cancer Support. This took place on 25th September and the results will be reported in the November edition of Telstar.

Our next coffee morning is on Friday 30th October 10am to 12noon. We would love to see anyone who would like to drop in and have a cuppa, chat and a cake.

On Sunday 27th September we united with Holy Trinity Church for their Harvest Festival and they will join us for our Harvest Festival on Sunday 4th October. This service commences at 10.30am and will be led by the Revd Chris Wood.

Services at the URC Chapel are held each Sunday at 10.30.am and we cordially invite anyone who wishes to join us in our worship. A warm welcome awaits you.

Our speakers for October are as follows:

04th October	Revd Chris Wood Harvest Festival commencing at 10.30am united service with Holy Trinity at the Chapel
11th October	John Webb
18th October	Sue Liddell
25th October	Alison Fenning

Afternoon Fellowship

We recommence on **Monday 5th** October at 2pm. The Revd Chris Wood will be our opening speaker and it will be our Harvest meeting.

19th October A talk by a representative from WaterAid

2nd November Rev Chris Hood the Curate from Holy Trinity

We welcome anyone who would like to join us at our meetings (male or female). Come and enjoy the fellowship.

Advance Notice

Please note we shall be holding a Jumble Sale, to raise funds for the Chapel on 14th November at the Village Hall at 2pm.

Mary Clark

U.R.C. Pastoral Letter, GOD GIVEN TALENTS

Each week at a local school, teachers and pupils are given the opportunity to showcase their talents during a morning Assembly. It's not surprising that many take advantage to share skills, interests, hobbies etc to a wider audience and gain from the experience.

This month I understand there has been a slightly different take on the presentation, in that it involved a video of the schools' two Guinea Pigs swimming in bath water. It would appear that, during the summer holidays, one of their carers discovered that Guinea Pigs liked water, so decided to put it to the test and recorded the effect. I gather that they thoroughly enjoyed themselves paddling up and down the bath, which may yet become an internet sensation.

It is a reminder of one of my favourite Parables when I was but a lad growing up in the village of Lightcliffe and concerned the Parable of the Talents. The basic idea being that servants were given different amounts of Talents and told to make the best use of their resources knowing that, later, they would have to account for their successes (or otherwise). All bar the one who had the least could demonstrate good use of that which they had been given, but the one who had least could only look on enviously (with possibly some irritation and disappointment) at the others, so didn't feel that what they'd been given warranted any effort.

The message within the Parable is abundantly clear: we are all given talents or gifts in this life, some greater than others, and it is important that we make use of that which we have been given, and avoid comparing with others in case we feel hard done by and take our bat and ball home! The added incentive being, like the Guinea Pigs, we might discover new talents that we'd not previously identified which could result in being shared with others.

All this is by way of saying that, during this time of Harvest, we should not only give thanks for the harvest of the land, sea and air, but need to be mindful and celebrate the God-given talents within each one of us – however small or large – given not only for our own benefit, but also to share with those around us.

The URC in Stowmarket has been encouraging its members to promote their talents in such a way that they can be used to raise funds for the continuing work of the church. It is amazing to see and hear what people have been doing to participate in this exercise, and has revealed some previously unknown talents. I know that Dan is keen to discover ways that these might be showcased to bring these efforts to a wider audience, so our thanks to all those who have involved themselves in this project. Inevitably there will be varying degrees of success, but the main thing is that people are willing to use their God-given talents and gifts for the benefit of others.

How about spending a few moments reflecting on the God-given talents that you have been given, but especially how you've been able to use them to good effect, and then, having recognised, give God the thanks that are due!

God Bless Chris

(Rev'd Chris Wood – minister of Stowmarket, villages and Debenham URC's)

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7th Nov – 23X playing live at 8.30pm.

5th Dec – Ben roper & Greg fitch, Acoustic night 8.30pm.



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The new season is now well under way, with all our teams in action through September. It has been a great start for the adult section with the Reserves winning their first 2 games and the A team kicking off with a victory. At the time of writing, the 1st team will be starting their campaign early September, so fingers crossed.

We are pleased to report we now have managers in place for all our adult teams after a summer of searching, and we wish them all well.

We have two new teams this year in our youth section, our Under 8 boys and Under 10 girls. Both teams have been in action at 4v4 festivals and have shown some great football skills already. The rest of our youth teams have now started and we are pleased that nearly all are at capacity. This year we have 20 teams playing, along with the two Saturday morning FREE coaching football clubs for boys and girls aged 4-10.

We are planning some great fundraising events this season which everyone is invited to, including a race night in the Village Hall on the 2nd October, a Halloween party in the Club house on October 30th, as well as a ladies night planned for December (more information next month).

We have now submitted our FA Charter Standard Community Club application, so we hope to hear soon if we are successful or not. This will be a great achievement for the Club.

Our teams are looking for local business sponsorship for shirt sponsors, so if you are interested please get in touch with neal@stowuplandfalconsfc.co.uk. We have also recently updated our website so you can find more about the Club and the teams at www.stowuplandfalconsfc.co.uk.

Please come and support your local teams, we play adult football Saturday afternoons, KO's at 1400/1430 and youth football on Sunday mornings at 10.30. Tea and coffees available to keep you warm whilst watching some great football....and it's free to watch!

Stowupland Cricket Club

Again, another good month for all 3 teams as the club continues to progress and are another step closer to 3 promotions; the Saturday XI hopefully gaining promotion for division 8 West of the Two Counties in their first season in the league. Also back to back promotion for both Sunday teams in the Hunt County Bats League.

After reporting the Saturday team's first loss of the season, once again this month they have won all the matches played. With only 1 game to play away to Eye on 12th September, they are 8 points ahead of second place

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Battisford and need the win to ensure a deserved promotion into division 7.

In the games played this month they have comfortably beaten Lakenheath, Stradbroke and Stowmarket, maintaining top spot in the league, with another 100 for opening batsman Trevor Scarlett.

The Sunday first XI has only played 2 games since the last report. They won impressively away to top of the table Brettenham, and then rain caused the game away to Bury to be called off after we had bowled them out for 122, with Dan Marsh taking 5-37.

On the other hand the Sunday second XI lost their first game after a winning streak of 23 games. They lost to neighbours Earl Stonham on 16th July and lost again away to Worlington last Sunday when, after bowling them out for 86, they got out themselves for 82. Not a game for the batsmen!! In between their 2 losses they were in a good position at home to Elmswell until the rain came and they abandoned the game a few overs into the Elmswell innings.

On bank holiday Sunday we had our annual President's day match with a President's XI taking on a Stowupland XI in a inter club match. After last year's tied game, it was Jake Taylor who captained the Stowupland XI who came out victorious winning in the end by 5 wickets. Thanks to all who attended and helped. We look forward to seeing you again next year.

That's all for this month. Next month I hope to report that all 3 of our teams have won promotion. This would be another successful year in the club's history after 2 promotions last season.

Jo Abbott, Chairperson

...Whom we love, but see no longer...

There will be a **Memorial & Thanksgiving Service** in Holy Trinity Church, Stowupland, on **Sunday 25th October at 4.00pm**: a service where we remember loved ones who have died.

There will be an opportunity, if you would like, to light a candle in memory of your loved one(s). Many find this a very helpful occasion.

We will be sending letters of invitation to those we know of who have lost loved ones during the last two years. But all are welcome to come no matter how long ago you were bereaved.

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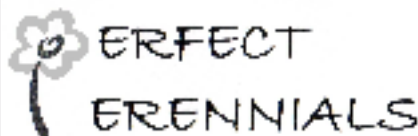
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Healthwatch Suffolk

Our report highlights shortcomings in transport for people accessing healthcare services in Suffolk

Healthwatch Suffolk has published a report that examines the difficulty people face when trying to access transport to get to healthcare appointments. It draws together feedback from patients and community transport operators. Some key findings include:

- Over 1 in 4 people with a disability missed a hospital or GP appointment due to a lack of transport.
- 1 in 3 respondents with disabilities had an appointment changed at short notice which meant that they could not access transport to a rearranged appointment.
- Only 6% of respondents knew how they may get their transport costs reimbursed.

Tony Rollo (Chair of Healthwatch Suffolk) said:

“We know that poor access to health services due to a lack of public transport or high transport costs is a significant barrier to accessing local services and amenities. It can have a major impact on the most vulnerable people in our communities and is a factor in rural isolation – a key focus of the Suffolk Health and Wellbeing Board. This situation is unacceptable and should be prioritised by decision makers in Suffolk.

“Fundamentally, Non-Emergency Patient Transport and other transport services ensure that people leave hospital safely as soon as they are fit to do so. This has been a key focus of the Healthwatch network as highlighted in a recent national report that revealed the human and financial cost of getting discharge wrong. Ensuring appropriate and well administered access to transport services will go some way to alleviating such problems.

“We believe simple steps could be taken to lessen some of the problems that people face and this includes improved communication between transport providers, changes in eligibility criteria to improve the experience of those who face lengthy ongoing treatments and improved signposting across services so that people know where they can find alternative help and support.”

Recommendations have been made to specific organisations including

the NHS West Suffolk and Ipswich and East Suffolk Clinical Commissioning Groups, East of England Ambulance Service NHS Trust and Suffolk County Council.

The State of Suffolk report published by the Suffolk Health and Wellbeing Board highlights improved access to transport solutions and community engagement as a key element in the prevention of social isolation and loneliness. As a statutory member of the Board, Healthwatch Suffolk will use its influence to ensure that the voice of local people highlighted in the report is heard.

An early outcome has been that Suffolk County Council has agreed to establish a Health workstream of its Public Transport Forum. This link will mean that Healthwatch Suffolk can influence important major developments in the forthcoming year.

For more information about this report please visit www.healthwatchsuffolk.co.uk or call 01449 703949 to speak to a member of the Healthwatch team.

Contact at Healthwatch Suffolk

Michael Ogden - Information Services Manager

Healthwatch Suffolk

***12&13 Norfolk House, Williamsport Way, Needham Market,
Suffolk, IP6 8RW***

Telephone: 01449 703949

Email: info@healthwatchsuffolk.co.uk

Website: www.healthwatchsuffolk.co.uk

FROM TELSTAR COMMITTEE

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Stowupland Village Website

www.stowupland.org

Parish Council Minutes of meetings
and agendas are displayed at the Village
Hall notice board (left of main entrance)

Parish Council:

Chairman - Keith Welham 01449 673185
Vice Chair - Jerry Voden 01449 770334
Alan Bickerdike 01449 613918
Morris Brand 01449 770678
Daniela Bruce 07980 742960
Roger Carter 01449 612856
Rick Hamilton 01449 775403
Kim Jennings 01449 677692
Ben Miller 07765 408001
Ray Studd 01449 676606

Clerk to the Parish Council:

Claire Pizzey

2 Broomspath Road, IP14 4DB

01449 677005

email: clairepizzey@outlook.com

You can contact the Clerk as follows:

Tues – Thurs from 10.00am – 12.00noon

Mid Suffolk District Council:

Keith Welham 01449 673185

Keith is happy to help you with any
District Council matter.

Suffolk County Council

Gary Green 07545 423824

gary.green@suffolk.gov.uk

Police Safer Neighbourhood Team

PC 1443 Stefan Henriksen

Police Station, Violet Hill Road, Stowmarket
IP14 1NJ 01473 613500

stefan.henriksen@suffolk.pnn.police.uk

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