

### In this issue of Telstar:

- Down to Earth *page 9*
- Countryside Rambler *page 11*
- Editor Out & About *page 17*



TO THE  
GLORY OF GOD  
AND IN MEMORY OF  
THE MEN OF THIS PARISH  
WHO GAVE THEIR LIVES  
FOR THEIR COUNTRY  
1914 — 1918

1939 — 1945

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C. GIRLING      A. STRICKER  
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IN MEMORIAM

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HOLY TRINITY CHURCH

# EDITOR'S NOTES

NOVEMBER 2021



Welcome to the November Issue of Telstar. This month is a time for Remembrance, not only for those who have given their lives in the military, but also those who have given so much in the NHS and of course, for those who have been taken by the pandemic. There are not many of us who have not been touched by loss.

After so long of not having any community events, I do hope some of you have been able to get along to the bulb planting at the end of October. Of course, we will not see the rewards of what you have done until Spring, when I hope there will be a lovely display for us all to enjoy. There is an opportunity to build a bug house and plant some seeds to grow at home at the community consultation day on the 6th November. You will be receiving a leaflet about this from the developer. The Wildflower & Biodiversity Group will be there to help you and to chat about how to encourage more wildlife into your own gardens or to join our group in projects in the village.

Holy Trinity is also having a community event on the 20th November in the Village Hall. There will be a Christmas Fayre with a Prize Draw and hot refreshments, so put that date in your diary. Also, the URC will be having their monthly coffee morning with their Christmas Draw on the 26th November. On the first of December the Stowupland Local History Group present Hexachordia, so there is something for everyone!

After so long keeping our distance from everyone it will be great to come together in festive activities! Do still take care, wear a mask where appropriate, wash or sanitise your hands and take care not to get too close to each other. Of course, if you feel unwell, please don't go to the events.

Kay  
Editor

*Front cover photograph – Ace Photographer Keith Hyland.*

## RETIREMENT



On the 30th September, Graham, Stowuplands postie, retired.

I'm sure we will all miss his friendly manner and reliable service but wish him a wonderful retirement. Hopefully, he will find time to occasionally put his feet up!

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# READERS LETTER

## **Biodiversity**

Hello Kay, I have just been reading the Telstar delivered today, and see the above word mentioned many, many times throughout the magazine. As I am of the older generation perhaps I should know what this means but, I'm afraid I don't, is there any way you can put it in layman's terms as to what this means please.

I do find the Telstar uses just letters rather than the whole words nowadays, thinking we all know what is meant, which again I find difficult to understand.

Also, where is Ashes Farm site? And Diapers site? Perhaps a map would be helpful for us to look at.

I can do this email, but I don't have very much knowledge of the computer, so telling me to go online would not be helpful.

There are quite a few people who live near me who don't even have a computer so now feel excluded from what is going on in the village, as when I have asked what they think, they tell me they don't read the Telstar.

I like to read it from front to back which I do, but I do get lost on many of the subjects now I'm sorry to say.

Kind regards  
Colleen Rose.

## **From the Editor**

*I do appreciate it when readers take the time and trouble to get in touch with me and all feedback is welcome.*

*About biodiversity, there is a short and a long answer – so I've written an article on page 6 in this magazine explaining what it means to me, I hope it explains everything!*

*Colleen, you are absolutely right, we occasionally use abbreviations or make assumptions that our readers know what we are talking about! So, note to self (and to our contributors) please explain things clearly.*

*Regarding Ashes Farm and Diapers Farm sites – for anyone who wants to look online you can view it here <https://docs.planning.org.uk/20210614/39/QUE0G4SHHX100/lv0bc18834qp9x32.pdf>*

*Unfortunately, I can't copy any of the maps and I have to be careful not to infringe copyright by printing them, so here is my explanation of where these sites are:*

*As you leave the village on the B1115 towards Stowmarket and go across the roundabout down Stowupland Road towards the rail station, the site for these developments are the fields on the right that abut the A14 and go down to the houses at the bottom of Stowupland Road on the right side. Phew, I hope you understand what I mean!*

*I hope we do things better in the future and please do pick us up on it if we don't. This is YOUR magazine; it's meant to keep you informed. We are accountable to you.*

Kay

# BIODIVERSITY

**biodiversity** *noun*

1. the variety of plant and animal life in the world or in a particular habitat, a high level of which is usually considered to be important and desirable.

*Definitions from Oxford Languages*

Well, above you have the short answer! But what does biodiversity mean to me?

When I think of biodiversity, I think of the natural balance of the space in which we live. I believe we all live in a circle of life, life that reproduces itself and uses all the natural world to sustain itself.

Someone asked me the other day if I thought a particular tree was worth saving. I only had a photo to go by, but the tree looked dead. It was not much more than a branch, covered in moss and starting to decay at the bottom. I responded that the tree looked dead but that insects would soon move in, and the dead tree would give life to something else. Indeed, it was part of the circle of life.

Everything needs something else to live on, provide shelter, food, and sustenance. From the lowly creepy crawlies to the worms that enrich our soil that help our plants to grow. To the fruits on our trees that are part of our own sustenance. All living things need something from our natural world, including us.

One of the basics of this supply chain is that we need to protect our pollinating insects. The bees and other pollinators are essential for the existence of plants and our food. Without them we would be in a sorry state. So, one of the objectives of the Wildflower & Biodiversity Group is that we provide areas where pollinators can happily thrive and go about their business. Although we have lovely areas of green space, green space is not enough on its own. Pollinators need flowers of lots of types and varieties to feed from. By providing them with meadows we give them food and shelter and in turn, they help to increase our food productivity. Bees aren't the only pollinators; indeed, honeybees are only responsible for pollinating between 5-15% of the UK's insect-pollinating crops according to the Wildlife Trust. Other pollinators include bumble bees, moths, butterflies, hoverflies, beetles, and flies.

We can't change the World, but we can change where we live. And excuse me for using our local school's motto, 'From little acorns, grow mighty oaks'.

By increasing our biodiversity, for instance providing food and shelter for those 'critters' that we consider important, we can create a lovely place to live and thrive. The Wildflower & Biodiversity Group have lots of ideas from planting meadows, to building bug hotels, bird boxes and bat boxes. Our first project is to plant natural English bulbs in the village. We will be on the green space that faces the half mow in front of Birch Close on the 26th October at 10am and behind the hedge on the path that runs between the Retreat pond and the kissing gate on the school path on the 30th October at 10am – do come and join us!

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# DOWN TO EARTH

KATE ELLIOTT

You can dress up asparagus, fresh peas in the pod, even a bunch of carrots as being beautiful but the average cabbage is not glamorous. However, I love them, both to eat and to look at and I confess I enjoy every part about growing them. They are satisfying at every level. They are one of the oldest and most staple vegetables known to man.

We grow three types of cabbage here at Columbine - savoys, red and spring. Savoys are my favourite. They originated in Italy and have a sweet butteriness that is surprisingly delicate, and they look fantastic. Red cabbages are the toughest of the lot and store very well. They are also the handsomest things in the winter vegetable garden and worth growing for pure decoration. Spring cabbages are either loose-leaf (spring greens) or make a heart often pointed - but both types mature very slowly over winter from a late summer sowing. These tend to be pest-free because they miss the butterfly attack of summer and are consequently perhaps the easiest cabbage to grow.

Every year the large and small white butterflies waft delicately in our walled garden and do their worst with our later assorted brassicas. The large white lays its eggs on the underside of the leaves from which emerge yellow and black caterpillars. The small white lays its eggs deeper into the plant and it's green, perfectly camouflaged caterpillars do their work less conspicuously but to equally devastating effect.

The best cure is prevention - covering the plants with a fine net from the minute they are planted until late September to stop the butterflies from laying their eggs. However, I don't like nets - they look ugly and tangle and have to be lifted every time you weed or harvest. So, I go through the plants every day, gently crushing any eggs I find. Not pretty but effective, satisfying even, in a revengeful way. However, cabbages are tough things. The plants want to develop new leaves be it red, savoy, kale, sprout or broccoli and if it's growing in good soil, it will grow and recover despite the attention of hundreds of butterflies and their hungry offspring. Some flowers stand out from the crowd. They are destined to become the stars and none more so than the tulip. There is something so joyful about their intensity and they are the first real blaze of colour of the year. Now is the best time to plant them and at Columbine plant them we do - in their thousands.

Always plant your tulip bulbs in November and into December. You can plant tulips as late as January, but November is the ideal month. They will only start to put roots down now and the cold temperatures help to wipe out viral and fungal diseases that were in the soil which will infect the bulbs. Planting late is a traditional means of disease protection particularly against tulip fire disease. This ruins your tulip display producing brown spots and withered and distorted leaves. It is so named because plants appear scorched by fire. Any affected plants should be lifted and burnt, and no tulips should be planted in the same spot for at least three years.

Tulips grow wonderfully well in a mixed border, in long grass or in pots. Planting

them in a sunny spot produces the best results - they don't appreciate being cast into the shade of walls, fences or hedges. They also like a well-drained soil, so if you have heavy clay, mix in some gravel or grit when planting.

Here are some of my absolute favourites that I couldn't be without:

- 'Angelique' - Delicate, soft pink double flowers that could easily be mistaken for a peony. Fabulously elegant and fragrant too.
- 'Exotic Emperor' - Flowers for at least six weeks and looks good from the moment the buds begin to develop until it is almost dropping. Large double white flowers with a delicate green flame. A magnificent tulip.
- Tulip acuminata - Makes a stunning display en masse. An heirloom variety that's scarlet and yellow with unusual spidery, spiky petals. They will multiply from year to year.
- 'Princess Irene' - This tulip has it all - a beautiful colour combination and a sweet scent. It has a chocolate stem and orange flowers that are flushed with pink, plum and a touch of green.
- 'Queen of Night' - One of the darkest tulips you can grow with glossy dark purple flowers. An amazing tulip. 'Recreado' and 'Black Hero' are also fabulous dark tulips.
- 'Spring Green' - A real stand-out tulip with long-lasting ivory white flowers adorned with green. Pure class.
- 'China Pink' - A lily-flowered tulip that flowers in light and dark pink shades. Really catches the eye.
- 'La Belle Epoque' - An incredible coffee coloured tulip that flowers for weeks. Very trendy.
- 'Ballerina' - One of the most fragrant tulips you can grow with orange flowers. So graceful.
- 'Slawa' - We grew this tulip for the first time last year and will definitely grow it every year from now on. Deep rich crimson and apricot in one flower that really puts some punch into a colour scheme.

Tulips are the stars of the spring garden, with their vibrant and elegant forms, they bring the garden alive after its winter rest. I urge you to go plant some now and lose yourself in the majesty of the tulip.

### **Here are some more jobs you can be doing this month:**

- Plant garlic.
- Plant bare-root trees, shrubs, hedges and roses.
- Raise pots and containers onto pot feet to prevent water logging.
- Clear up fallen leaves from ponds.
- Send off for seed catalogues and start planning what to grow next year.
- Tidy up strawberry plants, cutting back old foliage and removing any weeds.
- Insulate your greenhouse walls and roof with bubble-wrap.
- Make sure all tender plants are safely under cover.
- Give houseplants extra humidity by spraying them once or twice a week to combat the drying effects of central heating.

# COUNTRYSIDE RAMBLER

**BRIAN WARD**

Autumn is well and truly here, windy, wet and a distinct chill in the air. The winter coat and wellies are on standby as we slip into the cooler part of the year. The leaves on the trees are getting their autumnal colours and will soon be dropping their canopy to leave us with a crispy carpet of leaves to kick through on our walks. The last of our summer visitors have left us and we now have the winter migrants to look forward to with extra thrushes, starlings and lapwings that come over to us from Europe and beyond to boost the numbers of our resident population.

The hedgehogs will soon be going into hibernation, so please check the bonfire on Nov 5th before they are lit, just in case one has ventured into it for the winter. At this time of year, I try to get to the saltwater lagoons and estuaries to see some of the more unusual passage migrants that are passing through. I try to find various waders at our nature reserves in Norfolk, Suffolk and sometimes Lincolnshire. I post most of them on Instagram if you are interested, along with many other wildlife photos I have taken. I go as countrysiderambler so give me a view if you wish.

The starlings are now starting to gather in larger flocks so we will soon be expecting the famous murmurations in our area. I have encountered them at several locations in years gone by; Minsmere, Lopham Fen and Lackford Lakes are a few of our reserves where they may turn up and amaze us with their aerial ballet.

It is strange how some birds seem to drop in numbers and yet others increase their range, to name two of the birds on the increase, one is the majestic red kite. I am seeing more of these raptors on East Anglia, and I believe, in a decade or more, if not persecuted, they will rival the buzzard as top bird of prey. The second is the raven; this bulky crow is quite distinct, not only in its size but in its croaky call note. Look out for a large black crow in flight with a distinct diamond shaped tail and if you hear it call, it is unlike our other crows.

Please all take care of yourselves and happy rambling.

## **JUBILEE LADIES CHOIR**

It's great to be singing together again and last night's practice was no exception! We're practicing Christmas music and have a provisional date of Friday December 17th for our Christmas concert. One for your diary!!! I listened to a Radio 4 programme by Dr Michael Moseley earlier this week, when he spoke to scientists explaining the physical and mental benefits of singing. Apparently, it can boost the immune system!! That's a good enough reason alone to give it a try. 7.30pm on Tuesday evenings at the URC in Stowmarket. We have welcomed several new members but are always looking for more. We love to see new faces!!! No auditions, ability to read music not essential, age no barrier.

Come and listen to see if it might be for you.

More details from Di Balaam on 01449 736374 and Avril 01449 774833



Community  
Primary School

# FREEMAN COMMUNITY PRIMARY SCHOOL

As a school we always participate in the Poppy Appeal as part of Remembrance Day, helping to raise money for the British Legion whilst also raising awareness of what Remembrance Day is all about. The children, parents/carers and staff are

always very generous with their donations and last year we raised £300.14.

In addition to raising money for the Poppy Appeal, Years 4, 5 and 6 decorated their windows as part of Remembrance Day last year.

On the left is our Year 6 window design. The designs were a poignant reminder to both the children who created them and



visitors to the school who saw them as they walked through the entrance.

In 2018 the children at Freeman CP School created a wall display in recognition of the Armistice Day centenary. The display gained first place in the Stowmarket Remembers Art Category with one of our pupils also winning the Overall School Literacy prize for a World War 1 letter she had written.



Whether it's through creative writing, putting together an art display, learning through a history lesson or by simply buying a poppy or wristband, we always ensure we remember.

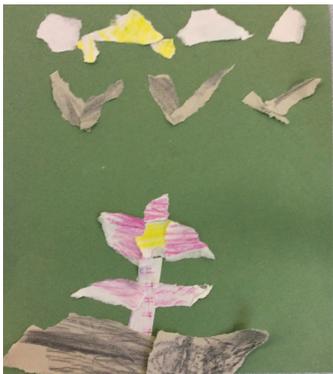


## Maple Class News

In this edition of Telstar we will be looking at what our Year 2 class have been up to so far this term.

Our Maple Class teacher is Miss Garnham. This is her first year with Freeman CP





School after teaching in Ipswich for six years, although it now feels like she has always been with us!

This term Maple class have been doing some nature rubbings for Art using the rubbings to look at different textures and the effect they make on the paper. They tried surfaces such as tree bark, concrete, leaves, benches and even tyres!

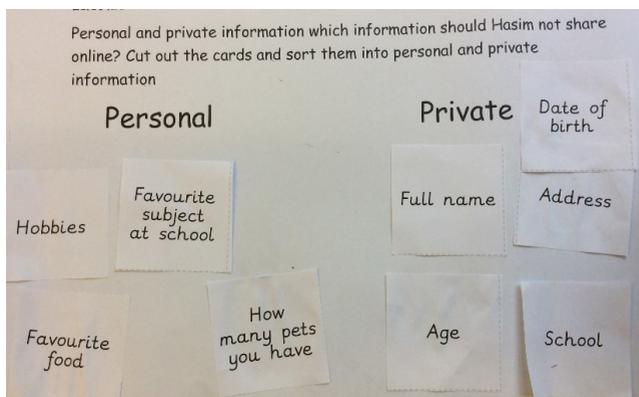
The children then used the rubbings to

make a frottage picture of nature. Frottage is the technique of taking a rubbing from an uneven surface to form the basis of a work of art. This enabled them to link what they had done in Art with their work on nature and Science.

Following on from the nature theme, Maple class also spent some time being nature detectives and went on a leaf hunt. They searched around the school grounds and forest area looking for leaves which they then used to identify which trees are growing in the local area.



They successfully identified hawthorn, oak, holly, birch and horse chestnut trees.



On a completely different subject, the children have been learning about how to stay safe online in ICT. They were given various pieces of information and had to decide whether it was information they should keep private or that they could share online.

They demonstrated a really good understanding of online safety which was very reassuring.

## And finally

As well as hearing about what Maple have been up to, Mrs Gilson, the Early Years Lead wanted to add a note about our new Reception class, our 'Acorns'.



*It was lovely to welcome the new children to Acorn Class this September. We visited the children in their homes at the beginning of September and offered a 'staggered start' before joining us full-time.*



*The children have settled in well and started to make lots of new friends. They have enjoyed writing their names using paint and glitter and have also been painting self-portraits. Here's Alfie with his self-portrait and Maisie painting her name.*

*We are looking forward to a much more settled year and will update you with more news in the Spring Term.*

*From tiny acorns do mighty oaks grow*

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# SAM'S CHAT

Hello everyone!

My family and I have been quite busy with my new school and other things over the summer holidays. I did quite a few things as Covid rules had just been loosened, so I haven't been able to write. Did you miss me? During the summer holidays I did a few trails. I did the dinosaur trail in Norwich, the imp trail in Lincoln, the hare and tortoise trail in Eye, the octopus trail in Clacton and many others. They were all fun and I can't wait till I can do some more next summer holiday.

I've gone back to Stowmarket Striders and swimming after a long break due to Covid-19. Stowmarket Striders is a great way to keep fit and have fun at the same time. So is swimming but Striders is more tiring. Like Stowmarket Striders, karate is also quite a fun way to keep fit. I go every Wednesday, Thursday and Saturday. I have a few friends that also go there. Right now, I'm orange-green belt and I'm aiming to get to green by the end of this year. Daddy is aiming to get black by the end of next year and get brown-white by the end of this year. I did my first parkrun in a while and it went pretty well, but I was panting like mad at the end. I nearly got my fastest time yet and I enjoyed it a lot. Mummy also did it with me and without her I would've just given up so thank you Mummy.

On Sunday Mummy and Daddy did the virtual London marathon while I was at my Grandparent's house. I stayed there from Saturday to Sunday and by the end of Sunday, when we went to have dinner at a restaurant, my dad was almost limping on both legs! Daddy seems to be doing better now though. This was Daddy's 4th marathon and Mummy's 144th. Daddy couldn't do any running for ages because he got ill after he had a Covid vaccination, and he didn't train properly, but he did manage to finish. He did a parkrun with me too and we went even faster which meant I was too tired to do karate after.

Jessica, Daddy, two of my sister's friends and I did the Walkers Cup in September. I can't remember the exact date, but I know it was in September on a SUNNY DAY and I couldn't remember having a sunny day for a week or two before that. Anyways we did the Walkers Cup to Old Newton and back. We got these little stickers on our t-shirts which was cool, and we had to get our form stamped to prove we didn't cheat. Whilst we were at Old Newton, we met a few friends and we stayed there a bit. After about half an hour we came back and after a while we found out we won which was a bit obvious as Old Newton didn't have many people walking for them.

Mummy and her friend had a hula hoop lesson recently too. A lady teaches a class in the sports centre, but Mummy was too scared to go in a group so

did a lesson in our garden whilst me and my sister were doing swimming. When we came home Jessica and I tried a bit and I felt like I broke my ribs. It did hurt quite a bit.

Apparently, there has been a petrol shortage whereas I'm pretty sure it's just because people are panic buying petrol at a rate that they didn't before, but that's my opinion. With all this drama there have been huge queues at the petrol station which is like twenty cars long. Mummy has a hybrid car so we don't need petrol that much, but if there's a power cut that lasts a bit of time then electric or hybrid cars might be a bit doomed as they can't charge.

About a week ago from when I'm writing this Daddy sung a song at the Retreat at karaoke. It was quite funny but overall, I'd say Daddy did a good job. Jessica also sang a song with her friend. I didn't see it, but Mummy recorded it and she and her friend did a good job too.

Yesterday on the 4th of October my school had a harvest festival celebration. We had to take a tin of food into church. It gets given to the homeless or the food bank. The harvest festival is kind of a way to help those in poverty which is a nice thing to do. The next church service at school will probably be for remembrance in November.

As I am writing this my cat Tiggy just came back. I was going to make a section about him missing as he was gone for over a month, but he came back so I don't have to. We are all very happy that he is back, and Mummy cried. We hope he never runs away again. We put up missing posters and he may have seen one and wanted to come back, doubt that but maybe. By the time you read this it will be around Halloween so hope you have a happy Halloween.

That's all for this month. I hoped you enjoyed it and I will see you all next month!

Bye!  
Sam

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# EDITOR OUT AND ABOUT

## AT STOWUPLAND SHORT MAT BOWLS CLUB

Following our introduction to bowls at Stowupland Bowls Club we were invited along to Stowupland Short Mat Bowls club. As it is not the season for outdoor bowls, we thought it would be nice to keep our bowling arm active throughout the winter months!

As my mother has temporarily moved in with us, the three of us went along on a Thursday evening. Now, Mum has a distinct advantage over us as she has been playing for many years. Even though she is now 91, she still enjoys bowling, even winning a pairs cup just before the pandemic hit. Her other advantage is that she has known Pam Fayers (club secretary) for many years, even though they have never met. They were both club secretaries for different areas, so their paths crossed many times.

There was a league match the evening we went along, but the club were happy for us to use their spare mat for a roll up. They put us in the safe hands of Marlene who guided Terry and I with the instructions for short mat bowling as we have never played before. I'd be lying if I said it went well! Terry and I have got used to giving our bowls some 'pudden' to reach across the grassy bowling green outdoors. Inside, on a nice smooth mat, our bowls were heading for the car park! It took us a while, and some observation of the skilful players on the adjoining mats, to adjust our game to actually stay on the mat! In addition to the different surface, the mat is much shorter than the outside arena (the name gives it away). Not only that but they put an obstacle in the way! A short piece of wood lies across the middle of the mat, which of course you mustn't hit, or your wood is put out of play. So, not only were our woods going too long but it was difficult to stay on the width of the mat. Well, we knew it wouldn't be easy, there would be no fun in that if it was. It's a skilful game and no less enjoyable than the outdoor game. I'm sure we will master it eventually and we will keep on trying. We would much rather have an evening out with friendly people, learning a new game, than sitting at home watching TV.

Like most clubs, Stowupland's Short Mat Bowls Club needs new members. It is sad to think that so many activities close down because new members don't come forward. The club is holding an open evening for anyone to come along on the 25th November where there will be people to show you how to play. You only need smooth soled shoes as the club can provide you with woods and tuition. This is a game for everyone and anyone, so why not give it a try?

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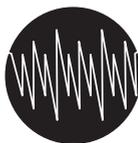
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[www.a1carpentryandlocksmith.co.uk](http://www.a1carpentryandlocksmith.co.uk)

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## **STOWUPLAND SHORT MAT BOWLS CLUB**

# **INVITES YOU TO A FREE HAVE A GO EVENING**

**ON THE 25 NOV BETWEEN 19.00-21.30**

The population of Stowupland is increasing at a fast rate with the new builds so it is time to remind everyone about the opportunity to come to the village hall and try out Short Mat Bowls. We are a friendly club and welcome everyone whatever gender, age or ability. We meet every Thursday throughout the year unless it falls on Christmas/New year or when there is a council election. It doesn't matter if you have not tried the game before we are fortunate to have a qualified coach in the club to help you. We start at 19.00 and finish at 21.30 stopping for refreshments half way through the evening. The club's priority is to provide a social atmosphere for everyone but for those who wish there is the opportunity to play in league games during the winter months. We can supply the bowls or you can bring your own; just bring a pair of flat shoes (no tread).

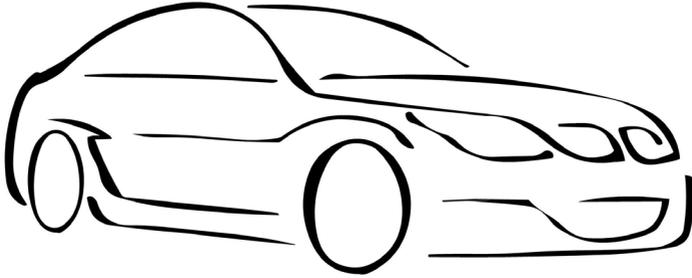


Looking forward to seeing you anytime between 19.00-21.30.

If you would like more information please ring our Secretary Pam Fayers on 0771 302 6696  
Chairperson Nora Martin 01449 674641 or mobile 07596 708882  
Team Captain John Paddy 0771 469 3365  
who will be very pleased to help.

*John Paddy*

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07917 548441

[colnerroofing@gmail.com](mailto:colnerroofing@gmail.com)

# STOWMARKET ECO FUTURE GROUP



Greetings from Stowmarket Eco Future Group.

Work with Stowmarket Town Council's Environment Forum is increasing all the time. There isn't space to write it all here, but if you are interested in rewilding, tree planting, volunteering on a Tuesday with various eco projects at Red Gables, volunteering at the museum to plant wildflowers and bulbs please contact us for further details using email address below.

## Recycling Point:

A huge THANK YOU to those who have already supported our market stall on the 4<sup>th</sup> Thursday of each month, collecting hard to recycle items. September was our very first one and we had a fantastic response. Everything collected has been taken by our SEFG volunteers to various Terracycle projects. Please bring us:

1. **Dry Pet food and Dog treat bags, wet pet food pouches (empty, clean and dry please)**
2. **Medicine Blister packs (empty)**
3. **Plastic toothbrushes, plastic toothpaste tubes and holders (empty) toothbrush heads, floss containers**
4. **Cheese wrappers and cheese nets**
5. **Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil, eraser pen regardless of their composition**



Why not have a collecting point in your workplace, school, club, church ready to bring items along? If you would like to be on the rota to help at the market, please get in touch.

Don't forget that we also collect empty **crisp packets** at Red Gables, Ipswich Street Stowmarket on the first Sunday of each month 2-4 pm A year's collecting has just been completed – 200 KG crisp packets! Wow!!

A personal view: Stella Davis

This is an old joke but it's interesting to rethink it in the light of the climate emergency. "I'll do it when I get a Round Tuit" Well here you go, you now have one!

A nearby Parish Council (not Stowupland) has been asked about leaving wildflower areas in the village. Their reply was that we live in a rural area, and there are plenty of fields and woods around (conveniently forgetting those fields lost to building). The Parish Council had received complaints from people who wish to see community areas neat and tidy, and they are unwilling to contradict them. They say that residents should wild plant in their own gardens. It seems like Passing the Buck! What example are they setting?

As you read this the nations who signed up to Environmental agreements (Conference of Parties COP26) are meeting to agree the next steps. I really hope that they have a "Round Tuit". It is critical for the future of our planet now that we ALL get around to it. Governments and individuals cannot leave it to other people, EVERYONE seriously needs to do their bit now. Leaving care for the planet to other people is not going to work. As the saying goes, "if you are not part of the solution, you are part of the problem"

[stowmarketecofuture@gmail.com](mailto:stowmarketecofuture@gmail.com)

STOWUPLAND  
LOCAL HISTORY  
GROUP



**STOWUPLAND LOCAL HISTORY GROUP**

**STOWUPLAND VILLAGE HALL**

**WEDNESDAY 1<sup>st</sup> DECEMBER 7.30 pm**

# ***“IN THE FIELDS OF FROST AND SNOW”***

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Music, mirth and merriment for the festive season, revealing what Christmas and New Year was like in the 16<sup>th</sup> and 17<sup>th</sup> centuries. Featuring Hexachordia’s blend of music, song and narrative, bringing to life the winter season of times gone by. Many of today’s seasonal carols have their origins in the Medieval and Tudor eras, so some tunes will be well known. The group will also show how traditions of the festive season go back many centuries.



Entrance fee on the door - members £2 non-members £4

Refreshments

For further details phone 07951 086303

# British Beauty Salon

<https://british-beauty.co.uk>

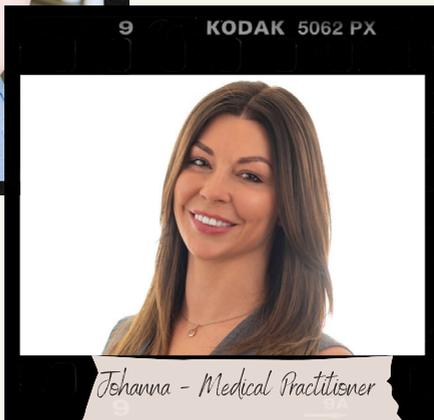
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# YARD + GARAGE SALE 26TH SEPTEMBER 2021

Having inspired 54 people to take up the challenge of selling stuff they didn't need anymore, we hoped for: -

Nice weather - got that!

Lots of visitors - got that!

54 well-presented sale sites - got that!

Detailed map for visitors - got that!

This was one really good day, most of the sellers were happy with their sales, and want to do it again next year.

The petrol queues on Church Road and New Road affected the number of visitors to a few sites, and the roads with a single site suffered a little - both something we had/didn't expect.

## THANK YOUs

To all 54 Sellers

To Dave Pring for producing a map of all sites etc

To Lisa, at Trinity Walk for Facebook entry

To Telstar for promoting the day

To Digital Copy Centre Stowmarket for all the printing we needed - most in a hurry

To villagers not involved for their patience on a very busy village Sunday

## AND THE MONEY!

Yard Fees	£405
Map Sales	£53.50
Donations	£86
NutShells % of food/ drink sales	£80
<b>Total</b>	<b>£624.50</b>

We think East Anglia's Children's Hospice (EACH) will be very happy with our day.

Thanks

Dave and Julia



# IMPORTANT CONTACTS

## Citizens Advice

[www.midsuffolkcab.org.uk](http://www.midsuffolkcab.org.uk) - 01449 676060  
or 01449 676280 - 5 Milton Road South,  
Stowmarket, IP14 1EZ

## Doctor

Emergency - 999  
NHS Direct - 111  
Combs Ford - 01449 678333  
Stowhealth - 01449 776000

## Emergency Numbers

Power Cut - 0800 31 63 105  
Gas Leak - 0800 111 999  
Water Leak - 0800 771 881

## Good Neighbour Scheme

HELPLINE: 07591 539621

## Member of Parliament

Jo Churchill - [jo.churchill.mp@parliament.uk](mailto:jo.churchill.mp@parliament.uk) -  
Constituency Office, 10 Hatter Street,  
Bury St Edmunds, IP33 1LZ - 01284 752311  
House of Commons - 02072 198487  
<https://www.jochurchill.org.uk/>

## Mid Suffolk District Council

[www.midsuffolk.gov.uk](http://www.midsuffolk.gov.uk)  
Keith Welham - [keith.welham@midsuffolk.gov.uk](mailto:keith.welham@midsuffolk.gov.uk) -  
01449 673185

## Police

<http://www.suffolk.police.uk/contact-us>  
<https://www.suffolk.police.uk/advice>

## Police Safer Neighbourhood Team

PC 14443 Stefan Henriksen - Police Station,  
Violet Hill Road, Stowmarket, IP14 1NJ  
[stefan.henriksen@suffolk.pnn.police.uk](mailto:stefan.henriksen@suffolk.pnn.police.uk) - Phone: 101

## Samaritans – 116 123

## Stowupland Village Website

[www.stowupland.com](http://www.stowupland.com)

## Parish Council Website

[www.stowupland.suffolk.cloud](http://www.stowupland.suffolk.cloud)

## Suffolk County Council

[www.suffolk.gov.uk](http://www.suffolk.gov.uk) 01449 673185  
Keith Welham - [Keith.Welham@suffolk.gov.uk](mailto:Keith.Welham@suffolk.gov.uk)  
SCC – General Contact No. 0345 606 6067

## Schools

Stowupland High School -  
[www.stowuplandhighschool.co.uk](http://www.stowuplandhighschool.co.uk) - 01449 674827  
Freeman Community Primary School -  
[www.freeman.suffolk.sch.uk](http://www.freeman.suffolk.sch.uk) - 01449 612067

## Vets

Cedarwood - 01449 676966  
Stowe Vets - 01449 613130

# DIARY DATES

## NOVEMBER

MON 1	evening Village hall	Dance
TUES 2	Jubilee Crt. 9.30. Green 9.55	Mobile library
WED 3	9.30 am Village hall	Baby and toddler group
WED 3	2 - 4 pm Village hall car park	Mobile post office
WED 3	7.30 pm Village hall	Local history group (see LHG page for details of talk)
THURS 4	2 - 4 pm Village hall car park	Choose Refills pop-up shop
THURS 4	7.00 pm Village hall	Short mat bowls
THURS 4	7.30 pm URC hall	Parish council meeting
SAT 6	10 - 4 Village hall	Taylor Wimpey planning consultation
SUN 7	10.30 - 4.30 Village hall	Antiques and Collectables Fair
MON 8	evening Village hall	Dance
WED 10	9.30 am Village hall	Baby and toddler group
WED 10	2 - 4 pm Village hall car park	Mobile post office
THURS 11	7.00 pm Village hall	Short mat bowls
SUN 14	7.30 pm Village hall	Country and Western music club – Tim Staff
MON 15	evening Village hall	Dance
WED 17	9.30 am Village hall	Baby and toddler group

WED 17	2 - 4 pm Village hall car park	Mobile post office
THURS 18	7.00 pm Village hall	Short mat bowls
SAT 20	9 - 4.30 Village hall	Holy Trinity Christmas Fayre
SUN 21	7.30 pm Village hall	Country and Western music club – Marc James
MON 22	evening Village hall	Dance
WED 24	9.30 am Village Hall	Baby and toddler group
WED 24	2 - 4 pm Village hall car park	Mobile post office
WED 24	7.30 pm Village hall	Suffolk Wildlife Trust –Wasps
THURS 25	7.00 pm Village hall	Short mat bowls
FRI 26	10 am URC church	Coffee morning and Christmas Draw
MON 29	evening	Dance
TUE 30		Jubilee Crt. 9.30. Green 9.55      Mobile library

## DECEMBER

WED 1	9.30 am Village Hall	Baby and toddler group
WED 1	7.30 pm Village hall	Local History Group (see details on separate page)
WED 1	2 - 4 pm Village hall car park	Mobile post office
THURS 2	2 - 4 pm Village hall car park	Choose Refills pop-up shop
THURS 2	7.00 pm Village hall	Short mat bowls

Rachel Eburne - rachel.eburne@midsuffolk.gov.uk -  
01449 673311

MSDC General Contact No. 0300 1234000

**Mobile Library** - 07721 879855

### **Parish Council**

Sally Reeves – Chairman - 01449 745739

sallyreeves@stowuplandpc.co.uk

Laura Beeson - 07918 808387

laurabeeson@stowuplandpc.co.uk

John Hayward – 01449 674717

johnhayward@stowuplandpc.co.uk

Laura Johnson - 07826 851030

laurajohnson@stowuplandpc.co.uk

Debra Melhuish -07979125904

debramelhuish@stowuplandpc.co.uk

Paula Murton - 07906 677817

paulamurton@stowuplandpc.co.uk

Ray Studd - 01449 676606

raystudd@stowuplandpc.co.uk

Jerry Voden - 01449 703717

jerryvoden@stowuplandpc.co.uk

Clerk to the Parish Council – Claire Pizzey

parishclerk@stowuplandpc.co.uk - 01449 677005

2 Broomspath Road, IP14 4DB

*Parish Council Minutes of meetings and agendas are available on the Parish Council Website*

[www.stowupland.suffolk.cloud](http://www.stowupland.suffolk.cloud)

### **Village Hall Bookings**

Colin Booker - Phone - 07862740830

stowuplandvillagehallbookings@gmail.com

### **Village Clubs**

Baby and Toddler Group -

Kelly Woolhough - 07776 206430

Book Group - Patricia Hodgkins - 01449 672127

Stowupland Bowls Club - Graham Newman -  
01359 240846

Community Events - Keith Welham - 01449 673185

Country and Western - Pat Murphy - 01449 677405

Dance Club - Mary Durham - 01449 672601

Local History Group - Jerry Voden - 07951 086383

Short Mat Bowls - Pam Fayers - 01449 770080

Sports and Social Club - Andy Parkin - 07796 274905

- [www.stowupland-sports-and-social-club.co.uk](http://www.stowupland-sports-and-social-club.co.uk)

Stowupland Cricket Club

[www.stowuplandcricketclub.co.uk/](http://www.stowuplandcricketclub.co.uk/)

Stowupland Falcons Football Club -

[stowuplandfalconsfc.co.uk](http://stowuplandfalconsfc.co.uk)

Stowupland Sports Centre -

[info@stowuplandssportcentre.co.uk](mailto:info@stowuplandssportcentre.co.uk) - 01449 672531

Stowupland Wildflower & Biodiversity Group –

[kay.telstar@gmail.com](mailto:kay.telstar@gmail.com)

Stowmarket Wildlife Group - John Thompson -

[swtstowmarket@gmail.com](mailto:swtstowmarket@gmail.com) - 01449 676471

**LAND SOUTH OF STOWMARKET ROAD,  
STOWUPLAND** (emerging Babergh Mid Suffolk Joint  
Local Plan ref: LA078)

[www.taylorwimpey.co.uk/new-homes/stowupland/land-at-stowmarket-road](http://www.taylorwimpey.co.uk/new-homes/stowupland/land-at-stowmarket-road)

**Come along to our Community  
Day to find out more about our  
proposals for South of  
Stowmarket Road.**

**Taylor  
Wimpey**

We always try to keep local communities informed as we prepare and then finalise our planning applications and really welcome any comments that you may have at this stage.

### **Come and meet us**

**Stowupland Village Hall 10.30am - 4.00pm  
Saturday 6<sup>th</sup> November**

Whilst you are with us you can also:



Build a bug house

Plant wildflowers



Help us name the development

Have your bike serviced (please contact us in advance)

Due to the current situation with COVID-19 please register in advance by contacting us using the details below.

### **Join us online**

We will also be holding an online webinar on the proposals on **Wednesday 10th November from 6.30pm–8.00pm** on Zoom. Please register by email for details.

**e: [contact@taylorwimpeystowupland.co.uk](mailto:contact@taylorwimpeystowupland.co.uk)**

**t: 07493 239576**



## LOCAL HISTORY GROUP

---

By the time you read this you will have missed Pip Wright's talk on Suffolk Witches, and we will be planning for our 10th anniversary and Oxford Archaeology's talk on Wednesday November 3rd on **'What Lies Beneath.'** They will share with us what was found when they excavated the land where the Bloor houses of Trinity Meadows now stand. As I write Neil has pencilled in Cotswold archaeology to share their findings from the Thorney Green Road development for our meeting in May 2022.

We will round off 2021 with a festive meeting when we will welcome 'Hexachordia' on Wednesday December 1st. Through music, mirth and merriment Sarah Doig's ensemble will give us a taste of what Christmas and New Year were like in the 16th and 17th centuries. Why not bring your friends and family and get in the festive mood?

**Here is Jerry's report on our September meeting,** when we were joined by **Gill Blanchard.** She shared her experiences as a researcher for the TV programme, **'Who do you think you are?'** This continued our theme from August of speakers who had worked with celebrities, but behind the scenes.

Gill had been warned that before she spoke, she would have to sit through our AGM. As with most organisations this was overdue due to Covid-19 restrictions on gatherings. As it happened the IT gremlins reared their little heads and her laptop decided to do an update when she turned it on, so without our AGM she would have had to start her talk without a Powerpoint presentation. She admitted she always came prepared with paper handouts just in case technology let her down. By the time we had completed our formalities Gill's laptop was ready to proceed.

Gill briefly explained how the TV programmes are put together and produced. How her hours of painstaking research are condensed into just a few minutes on screen. She focused her talk on her research for the programmes about Mary Berry, until recently on the Great British Bake Off, and the Paralympic athlete Jonnie Peacock. Having researched their past she met both on set.

She explained how the programme does not, as the audience may assume, require a normal "Family Tree" type research. Instead, the producers want the researcher to find something out of the ordinary, something that the "subject is not aware of" and she felt it was this format that made the programme so successful. The art of a good show is sound preparation, looking into all aspects of the subject's life, trying to find the unexpected parts that maybe the subject did not know about up and till now. In the course of her research for Mary Berry's episode it came to light that she had spent her early years in Bristol during World War 2.

Although the internet had changed her initial searches, Gill said she still often travelled a lot for background material: visiting council offices, the government central office at Somerset House, poring over probate and

Parish records in the many Churches around the country. She often called on the services of her husband to carefully take street measurements, comparing modern day buildings with older mapped locations to determine precisely where ancestors lived.

Each show employed a different private company and all research teams had to sign a non-disclosure agreement to prevent them leaking anything until after the show had been aired. One programme might take up to five months to complete and film and occasionally, for a variety of reasons, despite all the research and filming a programme may never be shown.

Gill finished by saying she enjoyed the experience of meeting the stars face-to-face and in the main they seemed pleased with the research that had been completed, going away with something new or a piece of information that they did not know previously.

Gill's talk was interesting and shows what good, painstaking research can achieve. Old census records are still invaluable when searching out information on past events and people, but there are many other documents that the professional has to make use of.

Our audience thanked Gill for her interesting talk on this subject. Tea, coffee and refreshments were served afterwards, our thanks to all concerned for providing this valuable service.

Those of you who attended our meeting in September for our AGM will know that all trustees were re-elected. Thank you to all members and visitors for making this a painless process. Following our committee meeting the current committee officials were re-elected to serve for the forthcoming year; Chair, Sandra Walker; treasurer, Christine Williams and Secretary, Jerry Voden. For now, Neil Langridge will continue to organise the programme and Dave Walker will provide valuable IT support.

Members who might be interested in joining our committee please speak to one of us. We hold our committee meetings just once a month, usually in the evening. We plan forthcoming events, get to hear details of Neil's latest research and see what is new to our Archives. Alternatively, if you would like to be more involved with the group but for whatever reason don't want to be on the committee, we would welcome assistance. Liz and Annie provide invaluable support providing our refreshments without being committee members.

As we move into Autumn November is a time when we remember all those who have made the supreme sacrifice so we can gather together for fun and merriment. Neil Langridge's part 5 of **STOWUPLAND VICARS** looks at the 2 vicars who guided Stowupland's community through the dark days of The Great War. They certainly seem to have led eventful lives; I wonder what the local people made of these clergymen.

.....

### **Thomas Samuel England 1911-17**

Thomas was born in Guernsey in 1862. In the 1881 census he is a schoolmaster's assistant in St. Peter Port. One place he taught was St.

John's Sunday school in the town. On 13th May 1885 he sailed for Africa under the auspices of The Church Missionary Society, he was bound for a missionary settlement at Frere Town Mombasa in Kenya. His wife Clarice was to accompany him and two of their daughters were born in Mombasa. He was not to return for 10 years when in 1895 he was in Guernsey on furlough. He probably went back to Kenya for a time but in 1901 we find him living in Battersea with his brother-in-law, probably working again as a teacher.

In 1907 he was appointed curate at Stowmarket Church and on 30th March 1911 he was instituted as Vicar at Stowupland. His stay was not a lengthy one and after he left, we don't know much about his later career but in 1939 he was living and teaching in Axminster where he died in 1949.

### **Gilbert A. Bell 1917-22**

Gilbert Bell seems to have led a colourful and varied life but does not seem to have been committed to a career as a clergyman.

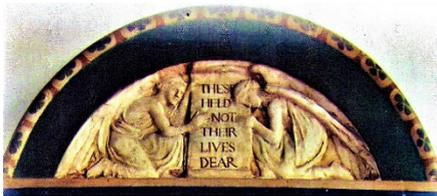
Born in Cambridge to Walter Bell a builder he attended the Perse School and Clare College being awarded his M.A. in 1900. In 1901 he appears in the census at Andover Hampshire with his parents and siblings. His father now styled himself as "architect" and Gilbert also gave his profession as architect, so it seems that he was working for his father while awaiting ordination. He is also said to have worked in a stockbroker's office.

He was in South Africa for some time from about 1901 but had returned by 1911. He then had a number of curacies including at Walthamstow and Kemptown, Brighton. In 1914 he was a curate at Rickingham at which time he was sued for libel in connection with a bequest; he was found not guilty. He married and had one daughter but was divorced in 1917. He does not appear to have continued in the clergy after leaving Stowupland and he disappears from Crockfords directory in 1923.

Returning to South Africa Gilbert became estranged from his family. He lived on a few investments for a time, became a poultry farmer at Wynberg, Cape Town, and worked as a liftman in Johannesburg.

He died in 1943 in Parktown, Johannesburg.

The Rev. Bell was followed by Rev Chapman who together with his churchwardens Albert Cooper and Lewis Naphine petitioned for the erection of a plaque on the East wall of Holy Trinity church to



commemorate those men who gave their lives in WW1. Subsequently, during the 1920's, the plaque we see today in the church and the memorial cross was erected 'for the men who fell'. Neil's research has found that our memorial was the work of a Miss Rope. Her family originated in Blaxhall and

several women from this family were noted artists, particularly in stained glass. Examples of their work can be seen in many Suffolk churches, this particular "Miss Rope" was probably Ellen Mary Rope 1855 - 1934. (Neil Langridge, 2021)

If you have any questions about SLHG please contact:

Jerry Voden (Secretary) – 01449 703717: [voden@btinternet.com](mailto:voden@btinternet.com)

**1st November 2011**  
**7.30 – 9.00 at**  
**Stowupland Church Hall**

**A DROP-IN**  
**and**  
**SMALL EXHIBITION**

**A free event** **Refreshments**

Find out about the forthcoming group programme.  
Meet the team.  
Let us know your interests.  
Share your research into local history or ancestry.

Artefacts, documents, photographs or family history material for  
viewing on the night welcome.

.....

### **Down Memory Lane...**

Were you at SLHG's first public meeting?

Do you have memories of any exhibits you saw, people you spoke with?

Perhaps you were motivated to find out more about your family history or the history of your home area?

**You could advertise your business here for only:**

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Free Delivery for orders over £10

# LONG TITLED POEM

**Is it a Newspaper, is it a Periodical, is it a Journal,  
is it aPublication? No, it's Stowupland News.**

Our Telstar arrives monthly,  
From the editor and team.  
They're working in our village,  
To produce a magazine.

They need our help, our input.  
They are a willing group.  
So, send your copy in, to Kay,  
And join a super troop.

What is in already?  
Sporting events and news,  
Gardens and the countryside,  
A sharing of our views.

History, memory lane, the past,  
Council information.  
Puzzles, recipes, contacts,  
Make each publication.

News of schools and churches,  
When to use your spade.  
Saving of the planet,  
Advertise your trade.

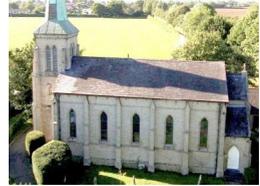
Have you read your Telstar?  
Stowupland's a busy place.  
You could be part of the action,  
Fill up some future space.

*The Really Lovely Poetry Company . R.R.G.*

# HOLY TRINITY CHURCH

## NEWS

HOLY TRINITY CHURCH  
STOWUPLAND



Vicar : Revd Brin Singleton Tel. 770921

Churchwardens : Mrs Ann Doubtfire Tel. 770363

: Mrs Sue Hayter Tel. 613710

Email: [brinsingleton@btinternet.com](mailto:brinsingleton@btinternet.com)

<https://www.achurchnearyou.com/church/2082/benefice/>

Dear Friends

November brings our season of remembrance, beginning with All Saints and All Souls days, acknowledging our bereavement, and grieving for our loved ones of family and friends, to Armistice Day and Remembrance Sunday acknowledging the weight of our national grief at the death and loss and sacrifice of War. In the solace of our gatherings, we find comfort and strength sharing our collective loss across the generations.

This year we bear and mark the added burden of those who died through this Pandemic, many who sacrificially served our nation ensuring front line health care or whose key work exposed them to transmission. Sites of national remembrance for those who died through Covid have already been established and names and stories gathered.

[Walk the National Covid Memorial Wall @ https://nationalcovidmemorialwall.org/](https://nationalcovidmemorialwall.org/) gives information and a virtual experience of walking the wall at the South Bank of the river Thames opposite the houses Parliament. Some of you may have visited in person and added hearts to remember your own dear departed. Local sites of memorial will no doubt be established in the coming years and even a National Day of Remembrance may yet come to be set.

This year Haughley and Stowupland parish churches have been able to return to marking remembrance of those who walked with us our pilgrimage of life. Having offered a time of reflection and gathering in reading names and lighting candles on All Saints and All Souls Sunday, the last Sunday of October, we will also host the return of our Sunday gathering for Remembrance Sunday. Whether remembering our personal grief, or our national grief, we take comfort in offering thanksgiving, thanksgiving for the light given us in the lives of loved

ones and family, their love and friendship, thanksgiving for those who selflessly gave their lives in sacrificial service to home and nation. Remembrance too calls on us to give meaning in our bereavement in looking for the good and living up to that good which we acclaim in the lives of our dear departed. As a nation in remembrance, we pledge our new day to work together for peace, to care for the families of the fallen and those injured by conflict in mind or body, and in these years to support the families of Covid victims, and those struggling with long periods of recovery to restore health, security of income, and home.

In this age, in looking for our new day, in looking for the common good, we have a new challenge, it's been clear before us for many decades but now has manifest globally as our ecological crises deepens. Pandemic itself part consequence of our modernity, our freedoms, our global trade and travel, degrading our environment and assaulting the earth's capacity to sustain life.

May we find our cause in this season of Remembrance to look for the good, to be the good, and to do the good, that our children's children may remember us and the service we gave with thanksgiving and with hope for what pray we may yet achieve.

Yours in Christ *Brin*.

*Rector, [www.achurchnearyou](http://www.achurchnearyou) @ Haughley with Wetherden & Stowupland*

PLEASE NOTE: All services may be subjected to change by government rules in force at that time.

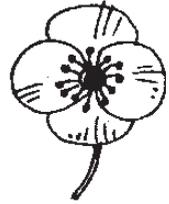
### **Services in November 2021**

7th Nov	10.30am	Parish Communion
14th Nov	<b>10.50am</b>	<b>REMBERANCE SERVICE</b>
21st Nov	9.30am	Morning Prayer
28th Nov	6.30pm	Evening Prayer

### **A REMEMBRANCE PRAYER:**

O God of truth and justice, we hold before you all of those men and women who have died in active service across the years. As we honour their courage and cherish their memory, may we put our faith in your future; for you are the source of life and hope, now and for ever. Amen.

**REMEMBRANCE SUNDAY SERVICE -  
NOVEMBER 11th at 10. 50am**



It would be good to see lots of people come to this Annual Service when the names of all those from Stowupland who served in the two World Wars and died are read.

**'LEST WE FORGET'**. A poppy wreath will be laid as a mark of respect at this act of Thanksgiving and Remembrance.

**CHRISTMAS FAYRE:**

Come along to lunch at the **Christmas Fayre** on Saturday, 20th November and browse a wide variety of stalls from which you can buy your Christmas presents. Bring the children to enjoy the Christmas Grotto! You can enjoy a lunch of Baked Potatoes with a variety of fillings, also, other lunchtime snacks will be on sale. Refreshments are available all day. See page 2

<p><b>“I’m in PAIN!”</b> Can Chiropractic help me?</p>	
<p><b>Your initial visit will include:</b></p> <ul style="list-style-type: none"><li>• A consultation with the Chiropractor</li><li>• A thorough spinal examination with Orthopaedic &amp; Neurological tests<ul style="list-style-type: none"><li>• A confidential report of findings</li></ul></li><li>• An explanation of our treatment programme if we determine Chiropractic can help you</li><li>• Referral to the appropriate specialist if we determine Chiropractic cannot help you</li></ul> <p>Call TODAY for an appointment <b>01449 612620</b> <a href="http://www.abbey-chiropractic.com">www.abbey-chiropractic.com</a></p>	  <p><b>Marie Broodryk</b> M.Tech.Chiro., CCFC, MRCC</p> <p><b>Grant Talmage</b> M.Chiro</p>
<p>Registered with The GCC, RCC, SCA &amp; BCA</p>	<p>7 Stowupland Road, Stowmarket, IP14 5AG</p>



# U.R.C CHAPEL

## NEWS

*Minister: Revd Robert Sheard  
Telephone 01449 678173*

We held our first Coffee Morning on 24th September, and it went very well with a very enjoyable time had by all. Our thanks to those who so kindly helped to make this a success. The next coffee morning to be held at the Chapel is on Friday 26 November 10am to 12noon. A Christmas draw will be held at this event.

We united with Holy Trinity Church on 26th September for their Harvest Songs of Praise, and we united again on 3rd October at the Chapel for our Harvest Festival. On both occasions a donation of produce was made to the food bank. Thank you to all those who contributed to make this a worthwhile donation.

Services continue to be held at the URC Chapel, Church Road, Stowupland, each Sunday at 10.30am and you are cordially invited to join us in worship. A warm welcome awaits you.

### **The Speakers for November are as follows:**

- 07 November Michael Topple
- 14 November The Revd Norman Tharby (Remembrance Sunday Service)
- 21 November Mary Durrant
- 28 November Howard Cracknell

*Joyce Gardiner*

## **MINISTER'S MESSAGE**

Remember, remember the fifth of November  
The gunpowder treason and plot.  
I see no reason why gunpowder treason  
Should ever be forgot.

The opening of this poem is one that we all remember from childhood, and it could be said that the first two words sum up the month of November, (Remember, remember). In the Christian calendar, it starts on the 1st of November (mainly for Roman Catholics, Lutherans, and Anglicans) All Saints Day is a universal Christian Feast that honours and remembers all Christian saints, known and unknown.

On the 2nd of November it is All Souls Day, the commemoration of all the faithful departed, (again mainly for Roman Catholics, Lutherans, and Anglicans).

Then of course there is bonfire night on the 5th of November, not a Christian

festival, but came about by the struggle between Catholics and Protestants. In 1605, Guy Fawkes and a group of conspirators attempted to blow up the Houses of Parliament. After Queen Elizabeth I died in 1603, English Catholics, who had been persecuted under her rule, had hoped that her successor, James I, would be more tolerant of their religion. James I had, after all, had a Catholic mother. Unfortunately, James did not turn out to be more tolerant than Elizabeth, and a number of young men, 13 to be exact, decided that violent action was the answer.

To carry out their plan, the conspirators got hold of 36 barrels of gunpowder - and stored them in a cellar, just under the House of Lords. But as the group worked on the plot, it became clear that innocent people would be hurt or killed in the attack, including some people who even fought for more rights for Catholics. Some of the plotters started having second thoughts.

One of the group members even sent an anonymous letter warning his friend, Lord Monteagle, to stay away from the Parliament on November 5th. The warning letter reached the King, and the King's forces made plans to stop the conspirators. Guy Fawkes, who was in the cellar of parliament with the gunpowder when the authorities stormed it in the early hours of November 5th, was caught, tortured and executed, on the very night that the Gunpowder Plot was foiled, on November 5th, 1605, bonfires were set alight to celebrate the safety of the King. Since then, November 5th has become known as Bonfire Night. The event is commemorated every year with fireworks and burning effigies of Guy Fawkes on a bonfire.

Then we have Remembrance Day and Remembrance Sunday when we as a nation remember the guns falling silent on the 11th day of the 11th month at 11 minutes past the 11th hour to mark the end of the First World War, and all the wars after that right up to the present day. Whatever we think of wars, sometimes it seems to be necessary to keep our freedoms. Whilst we are remembering all this we also remember (as we do every Sunday and every day) the price Christ paid for us on the cross. Keep remembering in the peace of God.

*Yours In Christ, Robert*

The Reverend Robert Sheard (United Reformed Church Minister of Stowmarket, Debenham, Stowupland, Mendlesham and Haughley.)

## COFFEE MORNING



**Friday 26th November**  
**Stowupland URC Chapel**  
**10am – 12noon**

Coffee, Tea and Cakes  
Christmas Draw

All welcome

# CHAIRMAN'S COLUMN

As I wrote in last month's column, we had the visit from the Chief Executive of Mid Suffolk District Council and he promised feedback after meetings within the District Council but, sadly, to date I have received no feedback. There is one success, however, insomuch as the route for construction traffic for phase 3 of Trinity Meadows will be via Oxlip Way and not Gipping Road and Randall Lane.

We seem to be having a similar problem with Suffolk County Council and Highways. Emails sent to various departments asking for updates on projects within the village just seem to fall into a black hole and never get answered. We are currently awaiting updates on:

- The crossing at the Co-Op. Type and proposed delivery date. We want to talk to someone at highways because the plan Bloor Homes have shared with us appears to show the road at the Co-Op being narrowed. No response from Highways.
- Final surfacing to the original Safer Route to School across The Green. No response.
- Works to the Bus Stop at the Safer Route to School. No response.
- Removal of the sandbags on The Green. We need a timescale to coordinate with post installation. No response.
- Barriers at footpath 32 to stop High School pupils cycling down it. Still awaiting a costing.
- We have told Suffolk County that the Parish Council will no longer cut the Public Rights of Way on their behalf. No acknowledgment.

The list just gets longer and no response, not even an out of office response. It is not just the Parish Council because your County Councillor finds it hard to get answers either. I report this because I get grumbles from residents about how long it takes the Parish Council to get anything done.....but it's not us!

Your Parish Council continues to liaise with Taylor Wimpey regarding the land behind the allotments. Whatever happens the allotments will remain. Taylor Wimpey are planning a public meeting to allow everyone the opportunity to make comments; so when you see it advertised please do go along and have your say. As a council we are trying to get the best we can from it for the village.

On a happier note, your Parish Council have started the process of transferring ownership of Thradstones Meadow into Parish Council ownership. We are negotiating with Bloor Homes on some things we would want carried out before we take ownership. By taking ownership of the meadow, it will protect it as a green space for the future. It will be managed in the same way as it has been but we will have a couple of benches there for walkers to just sit and appreciate the space and a dog bin so walkers can continue to clear up behind their dogs.

Due to the expansion of the village and the extra dog bins that are provided your Parish Council has employed a second Community Caretaker to empty bins and pick up rubbish. The two Community Caretakers and our army of volunteers will keep Stowupland tidy, but we all have to play our part and take litter home. We have also applied for a grant to place two wheelie bins in concealed containers on The Green by The Retreat. The bin there is constantly overflowing with rubbish so it is hoped this will solve the problem.

From November the Parish Council meetings will be held on the first Thursday of the month not the second and will relocate to The Chapel. I would like to extend my thanks to the Bowls Club for the use of their clubhouse over recent months. At the October Parish Council meeting Kevin Stevens was co-opted on to the council. The whole council welcomes him and looks forward to working together for the village.

As I write this a very scary thought has occurred to me; this is my last column before the Christmas edition. Where has the year gone? By the time you read this spring bulbs will be planted, and we will all be in sweaters. I hope you will all stay well even though the Covid numbers are rising in the Mid Suffolk area. I still adhere to masks and sanitisers in public places but then I am now a pensioner and, as my granddaughter tells me, I should be careful. She doesn't seem to understand in my head I'm still only 30.

Take care of each other

*Sally Reeves.*

The next Parish Council meeting will be on 4th November 2020 at The Chapel.

# PARISH COUNCIL REPORT

OCTOBER 2021



*The meeting opened with 2 members of the public and 6 Parish Councillors as well as Cllrs Welham and Eburne representing Mid Suffolk District Council and Suffolk County Council.*

## **Council Report:**

The full SCC and the District Council reports can be found elsewhere in Telstar. In addition, Cllr Welham reported that he had a response from SCC in respect of the Anglian Water road closure in Gipping Road where the signs were blown down and not reinstated and the works run overtime. SCC have advised that they will be pursuing Anglian Water using the photos taken by Cllr Welham. Thorney Road is to be closed again in the New Year for the electric poles to be re-positioned and footpath to be re-surfaced. Cllr Welham has asked for better signage for these works. There has been no response from Highways as to why the A1120 was closed over the bank holiday weekend. Sally advised that she was disappointed about the bus service proposals being put forward by SCC. Cllr Eburne advised that the council meeting of the 23rd September that was adjourned because of the late hour, is to recommence on Monday. A member of MSDC is planning to meet with the PC Chairman about the link between Bloor Homes and Trinity Walk.

## **Matters of Report:**

Clearance of ditch and plots 1&2 at the allotments is to take place in December. Cemetery work is to commence in late November. Letters have been sent to allotment holders and letter for maintenance contract has been sent to PCC for signing. Clerk has met with Network Power regarding the ivy growing over their transformer and Anglian Water have been advised of the broken and misplaced hydrants. All other matters are still awaiting a response.

## **Vacancy:**

Kevin Stevens was co-opted and welcomed to the Parish Council as a new Parish Councillor.

## **Public Forum:**

One member of the public has asked that Cllr Welham, when he has his meeting with the High School about the drains, also mentions the rubbish/rubble that is blocking the school ditch adjoining her property. The other member of the public advised that the footpath sign on Gipping Road/track leading to Thradstones Meadow has been knocked down.

## **Taylor Wimpey:**

The Parish Council are to have a meeting with representatives of Taylor Wimpey next week and much discussion was made as to what the Parish Council's priorities were in relation to the proposed new development behind the allotments. Also, a meeting was held on 7th October with the allotment holders about their views and these were also be taken forward to the meeting. With

the forthcoming additional sites proposed for Diapers and Ashes Farms, there is also a real concern as to who is going to fund the road changes required to take traffic off the B1115 onto the A1120. Taylor Wimpey is proposing a public meeting for 6th November.

### **Sub-Committee Reports:**

**Biodiversity and Wildlife** – It was agreed that the planting of bulbs should take place on the land swap area by the High School and on the edge of the ditch by Birch Close. It was also suggested that the group should liaise directly with Taylor Wimpey about biodiversity matters.

**Community Events** – It was agreed that the new licence with some modifications should be signed, and the £10 annual fee paid to store items in the Village Hall.

**Environment** – The third quote has finally been received for the supply and installation of the remaining posts around the Green and the Clerk will check that the chosen contractor's price is still as stated as the price of raw materials has escalated so much in the last few weeks.

**Finance and Policy** – The proposed amendments to the financial regulations and reviews on risk assessments were agreed. It was also agreed that the allotment fees should increase by 25% over a 3-year period from October 2022 to pay for the shortfall of rent it normally receives for the land purchased by Taylor Wimpey. As so many people are leaving the allotments without clearing them, it was agreed that a £20 deposit should be taken from each new allotment holder. There have also been some amendments to the tenancy agreement. With the increase in contractor's fees, it was agreed to increase the cemetery and internment fees as from 1st January 2022. It was agreed that a new business account should be opened with TSB and a Barclays business credit card should also be sought.

**Planning** – There were 2 planning applications this month, one for an extension to the rear of Mill Cottages and one for the replacement of chimney pots and erection of a greenhouse in Saxham Street. Both applications were supported.

**Play Park** – Agreed to proposal to find out the cost of 2 new springies for the play park with the necessary new base and to seek to fund this from the CIL fund.

### **Councillors Reports:**

Councillor Voden reported that 96 people from Stowupland took part in and retained the Walker Cup with a good day being had by all. With the BBQ at Old Newton and refreshments at the Retreat, the total amount raised for St Elizabeth Hospice is believed to be in the region of £1250. He thanked the councillors who had volunteered to monitor the event. He also reported that he had completed the updating of the emergency plan packs for MSDC.

### **Chairman's Report:**

The Chairman reported that she had written to one of the SCC Cabinet Members on 28th September to which she had once again had no response

and will be sending a further letter by Royal Mail special delivery. Much time has been spent by the Clerk on researching the various Speed Indicator Devices which all need to be moved to the various locations in the village every 4-6 weeks and this is a two-man job from a ladder so needs careful consideration bearing in mind the age of the councillors involved. Before any purchase is made a final decision as to whether this is going to be practical or not needs to be made. She has met with Bloor Homes about taking over control of Thradstones Meadow and the works that need to be completed by Bloor Homes before this is undertaken.

**Correspondence:**

Among the correspondence received this month was one from Suffolk Police regarding the graffiti at the Play Park. One from MSDC following meeting with CEO and one from Stowupland High School regarding footpath 32. Two were from residents regarding a planning matter and the overdevelopment of the village. There was one from Open Reach about the wayleaves payable for installing some underground cabling in Chapel Lane and the Constable County where it was reported that the new Police and Crime Commissioner proposals will be out for consultation next year. There was an invitation to the 6th form's opening at the John Milton Academy. Finally, there was a payment of the October the Community Infrastructure Levy money from MSDC.

**Armistice Day Service:**

Cllr Voden will be representing the Parish Council at the Armistice Day service by laying the wreath and giving a reading.

**Next Parish Council Meeting:**

A reminder that the next and all subsequent Parish Council meetings will be on the first Thursday of the month at the URC hall at 7.30pm

The meeting closed to the public at 9.35 pm.

**Stowupland Village Hall**  
**Excellent facilities - competitive prices**



Our Village Hall is just the place for clubs and groups to meet or for special functions, such as parties, receptions and exhibitions.

There is one large room suitable for 140-300 people depending on the event. A small one seats up to 20 people. There is a well equipped kitchen, ample parking and a licensed bar, plus a new audio-visual system included in the standard hire charge.

Interested? Look on our website at [www.stowupland.com/village-hall](http://www.stowupland.com/village-hall).  
Call or email Colin Booker, our booking secretary to arrange a viewing or make a booking.  
Tel: 07862740830. email: [stowuplandvillagehallbookings@gmail.com](mailto:stowuplandvillagehallbookings@gmail.com)

# DISTRICT COUNCILLORS' REPORT

OCTOBER 2021

## **MSDC Council meeting**

The full Council meeting was on 23rd September with a very full agenda due to the cancellation of the July meeting. Items included: a No Casino motion, senior staff pay review, CIFCO business plan, changes to Neighbourhood Plan procedures, wellbeing strategy, wildlife friendly streetlighting motion and a motion on proposed voter ID. The meeting adjourned at 10.00 pm; the last two items were not heard. These will be discussed on 18 October when the adjourned meeting re-convenes.

The senior staff pay review was withdrawn after Babergh District Council voted against it two days earlier. The proposal was to significantly increase senior staff pay without also recommending increases for the majority of staff.

The Wellbeing Strategy is very welcome and received unanimous approval.

### **Council: No Casino policy**

At the meeting, Councillors defeated the Administration motion which was asking not to have a "No Casino" policy. The majority wanted to have a No Casino policy meaning we do not welcome casinos in Mid Suffolk, giving certainty to developers and residents.

### **Council: CIFCO**

The business plan for CIFCO, the Council's investment arm, was discussed. The commercial property portfolio is from an investment of £100 million by Babergh and Mid Suffolk District Councils in which each council had £5 million equity. This equity is now at zero although expected to improve over the next 10 years. There is currently a book value of £83 million on this portfolio. The business plan was approved by a margin of six votes.

### **Council: Scrutiny Committee**

Separately Rachel asked that the Council's Scrutiny Committee (which Keith chairs) review the health provision in and around Stowmarket – particularly regarding the current shortage of GPs and lack of dental services.

The Scrutiny Committee is currently reviewing rural transport such as access to bus services.

### **Joint Local Plan examination**

The public hearing for the draft Joint Local Plan has re-started and all sessions are online via Microsoft Teams. For details on how to take part, go to [www.midsuffolk.gov.uk](http://www.midsuffolk.gov.uk) and search for Joint Local Plan. Various witnesses have been contributing to this including Councillor Andrew Stringer – notably on housing and environment issues. Once complete, a report from the Planning Inspectors will then be provided to the Council for Mid Suffolk to act on.

### **Housing Developments**

Keith and Claire will be meeting with the site manager of Linden Homes to discuss their progress and future work programme, in particular timing of road closures for widening the footway along Thorney Green Road and replacing the bus shelter.

We have been expressing concern to Bloor Homes in regard to the timescale for

tree planting on Phases 1 and 2' and requesting a timescale for the construction of the link towards the Trinity Walk bus shelter.

### **Locality Awards**

There is still funding from the annual locality awards. Amounts of £250 or more are available to local community groups and organisations. Please encourage groups in the village to contact us for an application form or telephone for further information and help in applying.

*Councillor Keith Welham*  
*keith.welham@midsuffolk.gov.uk*  
*Telephone: 01449 673185*

*Councillor Rachel Eburne*  
*rachel.eburne@midsuffolk.gov.uk*  
*Telephone: 01449 673311*

# **COUNTY COUNCILLORS' REPORT**

**OCTOBER 2021**

## **Special Educational Needs and Disability Provision in Suffolk**

Suffolk County Council commissioned an independent review into Special Educational Needs and Disability provision which has now been completed, and the report made public. The report was limited to some specific areas of the service but included a review of communication within the department and with outside bodies and individuals. Serious concerns have been raised including: 195 children had not had an assessment by the legal deadline; 45 children had no school placement at all; and parents and teachers were not kept informed in a consistent manner.

The report points out that SCC has some good people but within a poor system; Suffolk County Council failed to meet its statutory deadlines for EHC (Education, Health and Care) plans; this is a clear breach of compliance. Some parents were made to feel pressured, and some felt bullied into taking unsuitable placings.

Our group have called for the Education Scrutiny Committee, not due to sit until December, to be re-convened at the earliest opportunity. The Administration has rejected these calls.

One of the worrying aspects regarding the report is that it calls for a better culture in how the council communicates, yet the Council briefed journalists on the contents of the report before councillors were given access to the findings.

I have been involved in very few issues regarding the need for this provision, but if you are aware of parents with concerns, please ask them to contact me.

## **Bus Back Better**

The 'Bus Back Better' scheme was launched by Government in March 2021, with an aim to rejuvenate the bus services across the country. The £50m funding opportunity promises a greener approach to public transport, and I fully support this ambition. However, we need to see an ongoing commitment from the Administration, in particular for better bus services for the more isolated areas of

rural Suffolk. Bus services in Suffolk have been reduced to such an extent over recent years that in many rural areas they are non-existent. The Administration's proposals will not help people in rural areas; they propose to improve services between our key towns but what our residents need is better services from our rural areas into and around the towns.

### **Safer Route to School, Removal of Sandbags, Works at Bus Shelter**

I am still waiting for an explanation of why SCC consider that the scheme as proposed at the time of the land swap should not proceed. I have asked again for a start date for the gravel surfacing to the safer route, changes to the bus stop markings, kerbing and footway works at the bus shelter and removal of sandbags. Public Rights of Way

I asked the Cabinet Member at the Council meeting on 8 September to make funds available in next year's budget for better maintenance of footpaths and bridleways. He declined to do so, giving as his reason that it would lead to an increase in SCC borrowing.

### **Provision for Cyclists and Walkers**

Cabinet say that they are committed to a county-wide Local Cycling and Walking Improvement Plan (LCWIP) which is being prepared incorporating the LCWIPs from each of the District Councils and will provide background information to support bids for Government funding. The Administration have promised a total of £20million for new and improved cycle routes. I have asked for a commitment for funds to be allocated for works to commence in 2022 but the Cabinet Member is unwilling to commit any funds, stating that the funds will need to come from external sources such as developer funding or central government.

### **Infrastructure Delivery Plan**

Rachel Eburne and I have met with a representative of NHS. He explained that there is a continuing shortage of GPs, and GP providers prefer to enlarge existing premises rather than build new for many reasons, including cost-effectiveness. He explained that it is unlikely that a new health centre will be provided in the Stowmarket/Stowupland area.

### **Gipping Road – request for speed limit**

I challenged the refusal of the request for a speed limit, and I am still awaiting a response. I will chase this up again.

### **Road Closures of A1120, Gipping Road, Thorney Green and Thorney Green Road**

I have not received a response from the Cabinet Member for Operational Highways regarding the closure of A1120, a signed Tourist Route, over the August Bank Holiday, and why a closure for 10 days was permitted. Nor have I received an adequate response regarding the full and partial closure of Thorney Green Road and Gipping Road, nor the failure to check the signage on site.

Keith Welham Keith.Welham@suffolk.gov.uk 01449 673185 or 07831 705 714  
County Councillor of Stowmarket North and Stowupland



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**My energy supplier recently went under and the new tariff I've been put on is far more than I used to pay. I've heard energy prices are set to rise further and I'm just not sure I can afford it. What help can I get or small changes can I make around my house to help save some money this winter?**

The cost of energy is very high at the moment and it's causing many people to worry. Normally we would suggest switching to a better deal, but the situation is very difficult at the moment and there aren't a lot of good deals out there. However, there are still other small ways you can keep your bills down.

Little everyday things can help, such as making sure televisions and other electronic devices are switched off and not left on standby; washing clothes on a lower temperature; and only filling the kettle with the water you need.

Turning down your main thermostat by 1 degree can save you around £60 on your energy bill. And by spending one minute less in the shower each day, a family of four could save £75 a year on energy and water bills.

You're right in another way about bills going through the roof - and the walls. One way of cutting costs in the long-run is to invest in good insulation if you can afford to. If you're renting, ask your landlord to do this.

You may be able to get financial support to help insulate your home under the Energy Company Obligation scheme. Contact your energy supplier for more information on this. If you're in a household that's not connected to the gas grid you may also be able to receive help under the Home Upgrade Grant scheme through your local authority.

There's some financial support available for paying your energy bills, depending on your situation. For example, if you're a pensioner with a low income or receive Universal Credit or other means-tested benefits, you may be entitled to the Warm Home Discount. This gives you £140 a year to go towards your bills.

### **If it gets too much**

If you are starting to fall behind on your energy bills, then Citizens Advice can help. Our Advisers can look at your budget to see if we can help you save money and check that you're claiming everything that you're entitled to, including Warm Home Discount.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at [midsuffolkcab.org.uk/contact-us](https://midsuffolkcab.org.uk/contact-us). For more information and our opening hours go to [midsuffolkcab.org.uk](https://midsuffolkcab.org.uk).

# **POLICE IN SUFFOLK PROMOTE ROAD SAFETY AS DARKER NIGHTS SET IN**

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Police in Norfolk and Suffolk have launched an operation to improve road safety and reduce collisions as the darker nights set in.

Collision rates tend to increase at this time of year and police are warning drivers to be prepared for the change in conditions as the clocks go back on Sunday 31 October.

Operation Dark Nights will see officers carrying out roadside checks throughout the next month focusing on defect offences involving lights, tyres, windscreens and screen wash and anything else which may impact on the roadworthiness of a vehicle.

The aim is to educate drivers about the risks of driving with defective vehicles while also enforcing offences where appropriate. The operation which launches today (Friday 15 October) will run in both counties for a month ending on Monday 15 November.

Collisions tend to increase in October and November with the driver error of failing to look properly being the biggest contributing factor along with losing control and poor manoeuvring.

Chief Inspector Jon Chapman, Head of the Joint Roads and Armed Policing Team said: "We often see a rise in collisions at this time of year which can be due to a number of factors including lighting defects, poorer weather conditions and people not used to driving in the dark.

"As part of this year's campaign officers will be conducting roadside checks to ensure that motorists are driving to the relevant weather conditions, and that their vehicle is safe to drive.

"It is so important that as a driver, you check your vehicle regularly to ensure it is road worthy. For example, if you drive a car with one headlight out, you are effectively reducing your visibility by half and the chances of being seen are a lot slimmer.

"Please prepare for the winter months by checking that both your lights and your windscreen wipers are working, that your tyres have the correct tread depth and that your windscreen wash is regularly topped up.

"As we say all too often, you must watch your speed and always keep a safe distance between you and the car in front. Please take your time to look out for other road users, including cyclists and pedestrians.

"Drivers who fail to check for vehicle defects pose a risk to not only themselves but to other road users. Those caught will face a fine and could face points on their licence, with the most serious cases resulting in court action. Police also have the power to prohibit the use of unroadworthy vehicles at the roadside."

Tim Passmore, Police & Crime Commissioner for Suffolk, said: "Whether you're a pedestrian, cyclist or driver, we all need to be aware of the dangers that exist as the evenings get darker earlier.

"I would urge everyone to take a little more care as the clocks go back and for drivers to make sure your vehicle is fit for winter conditions, by making sure lights and windscreen wipers are working and you regularly top up the windscreen wash. If we all make a bit more effort, we can continue to make our county's roads safer for everyone."

# RECIPE OF THE MONTH

## **Christmas Cake**

Make at least two weeks before Christmas but the longer it matures, the better it will be. Pierce and add brandy or rum (optional) periodically up to Christmas for a boozy, moist cake.

### **Ingredients**

8 ozs. butter or margarine  
8 ozs. soft brown sugar  
1 tablespoon treacle or golden syrup  
4 large eggs  
3-4 tablespoons sherry or cold tea  
4 ozs. self raising flour  
6 ozs. plain flour  
¼ teaspoon salt  
½ teaspoon mixed spice  
Pinch of ground cinnamon  
Pinch grated nutmeg  
12 ozs. currants  
12 ozs. sultanas (half of them chopped)  
6 ozs. seedless raisins  
2 ozs. each of: chopped peel, ground almonds, glace cherries (quartered)



### **Method**

Grease and line an 8" or 9" cake tin with two thicknesses of greaseproof paper.

Cream the fat and sugar together.

Beat in the treacle.

Beat eggs, sherry or tea and mix them in, alternating with the flours, sifted with salt and spices.

Add all the remaining ingredients but do NOT overmix.

Mixture should be fairly stiff, put into prepared tin and level off. Leave to rest for ten minutes, then give the tin a gentle tap on the base to settle the mixture.

Bake for ¾ hour at 160 C then reduce temperature to 140 C for about 3 – 3 ½ hours more. Test after 4 hours by inserting a skewer in the centre. If it comes out clean the cake is ready.

This recipe is back by popular demand and was given to me by a family friend for my wedding cake in 1984. I have made it most Christmases since. If you don't want to ice it you can arrange almonds on top before baking and finish them off with an apricot glaze before serving.

Kay

# THE TELSTAR TEAM

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**Distribution Co-Ordinators** – Keith and Cathy Welham – 01449 673185  
Colin Vickridge and Keith Welham are our proofreaders and Jerry Voden chairs meetings of our team. The entire team are unpaid volunteers.

Telstar is distributed by a team of volunteers who deliver the magazine to over 1,100 homes in Stowupland. The magazine is produced every month, with the exception of December and January, which is a combined copy that gives our trusty team of volunteers a well-earned Christmas break!

Telstar is funded by grants from Stowupland Parish Council and Mid Suffolk District Council as well as income from business advertisers.

***Telstar – for the community, by the community.***

## **From the Telstar Committee**

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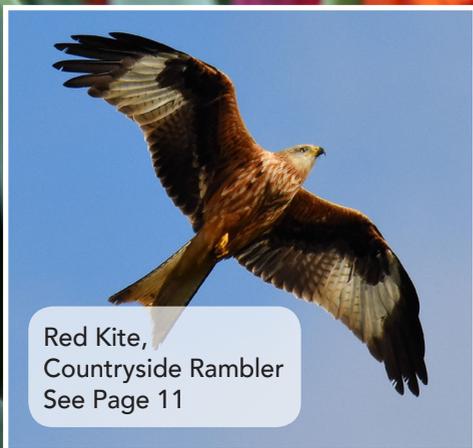
## PLANT A TREE YEAR

Before the W.I. disbanded, a decision was made to plant a tree for Plant a Tree Year. The Parish Council agreed that a tree could be planted in the cemetery near the cremation plaques. On the 11th October, Mary Coltart and Colleen Buckle planted the tree. It seems a fitting tribute to the end of the W.I.

You may remember from September's Telstar, the Memory Lane article was about the W.I. planting a tree for the Millenium.



Tulip 'Slawa',  
Down to Earth,  
See Page 9



Red Kite,  
Countryside Rambler  
See Page 11